



# Spinal cord reconstruction



*Aleš Hejčl, MD, PhD.*

KZ Krajská zdravotní, a.s.

• Masarykova nemocnice  
v Ústí nad Labem, o.z.



nemocnice  
Ústeckého kraje

*Neurosurgery Dept, Ústí nad Labem, Czech Republic*

*Institute of Experimental Medicine, Academy of Sciences, Prague, Czech Republic*

# Spinal cord injury

## *current clinical therapeutic modalities*

### 1. surgery (*decompression, stabilisation*)



### 2. methylprednisolone (*NASCIS study*)

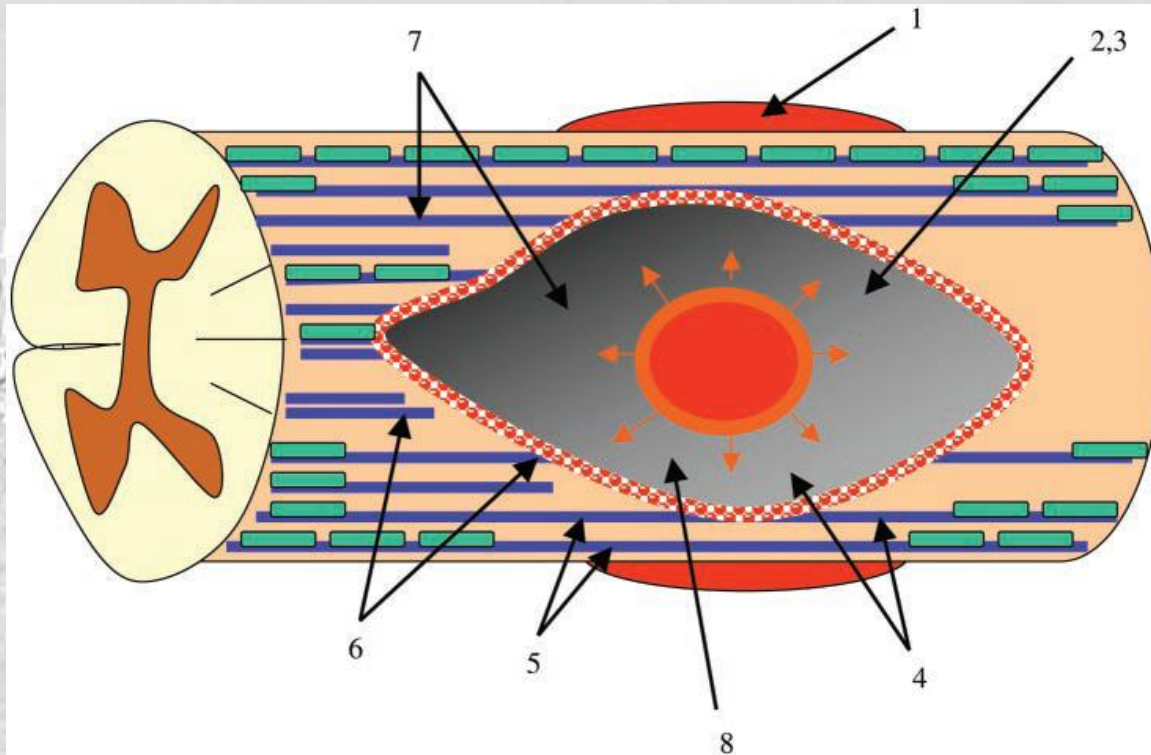


### 3. rehabilitation





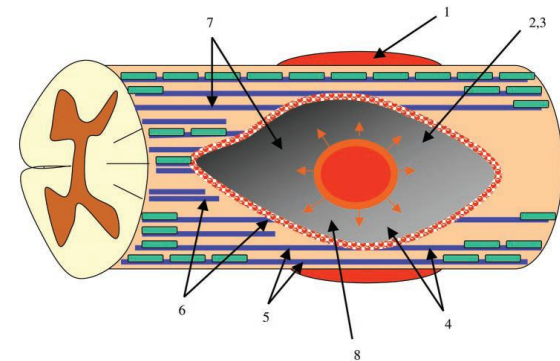
# How do we reconstruct the spinal cord itself?



1) reduction of edema and free radical production, 2) rescue of neural tissue at risk of dying in secondary processes such as abnormally high extracellular glutamate concentrations, 3) control of inflammation, 4) rescue of neuronal/glial populations at risk of continued apoptosis; 5) repair of demyelination and conduction deficits, 6) promotion of neurite growth through improved extracellular environment, 7) cell replacement therapies, 8) efforts to bridge the gap with transplantation approaches. Not shown on the schematic diagram but discussed in the text are the 9) efforts to retrain and relearn motor tasks, 10) restoration of lost function by electrical stimulation, and 11) relief of chronic pain syndromes.

# How to reconstruct the SCI?

- Replace/substitute the damaged cells
- Direct the immune response
- Create permissive environment at the lesion site
- Overcome the obstacle of glial scarring
- Guide newly growing axons across the lesion



# Experimental therapies

---

- **I. cellular therapies** (stem cells, Schwann cells, olfactory ensheathing glia – OEG)
- **II. protective autoimmunity** (activated macrophages)
- **III. neurotrophic factors**
- **IV. overcoming the obstacle of the glial scar**
- **V. guidance therapies** (natural and synthetic polymers)





# Design of experimental SCI

---

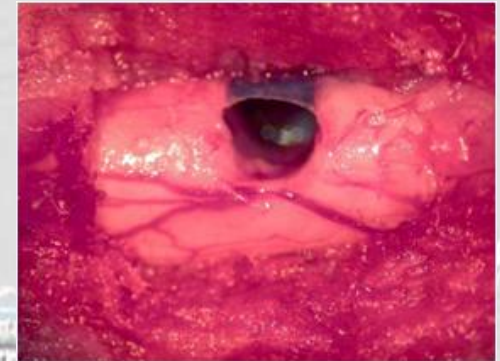
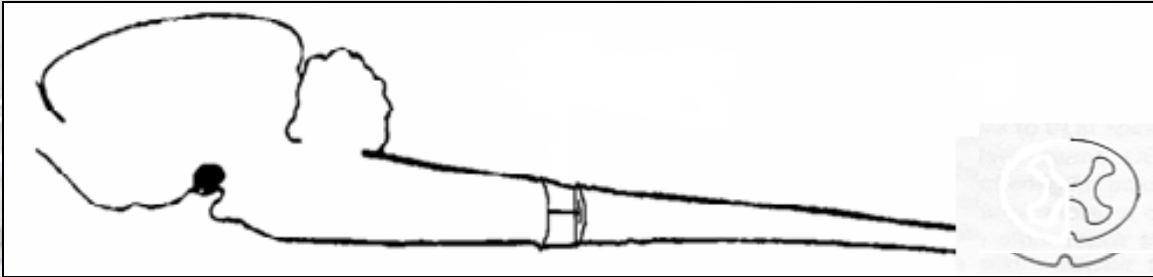
- experimental models of SCI
- evaluation – end points



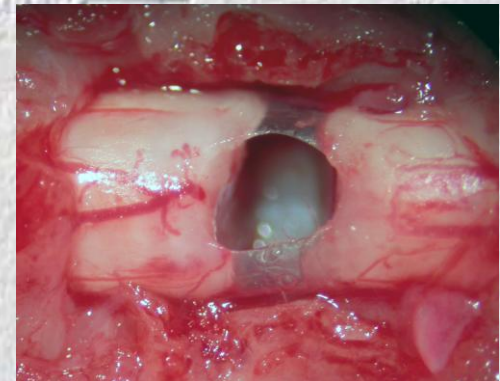
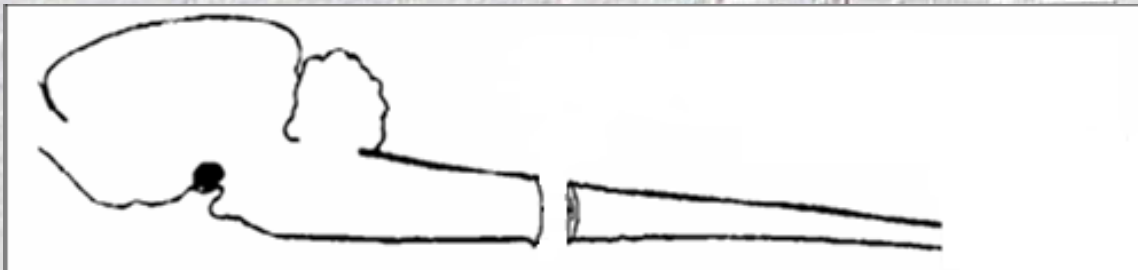
# Experimental models of SCI

## 1. sharp

- hemisection



- transection

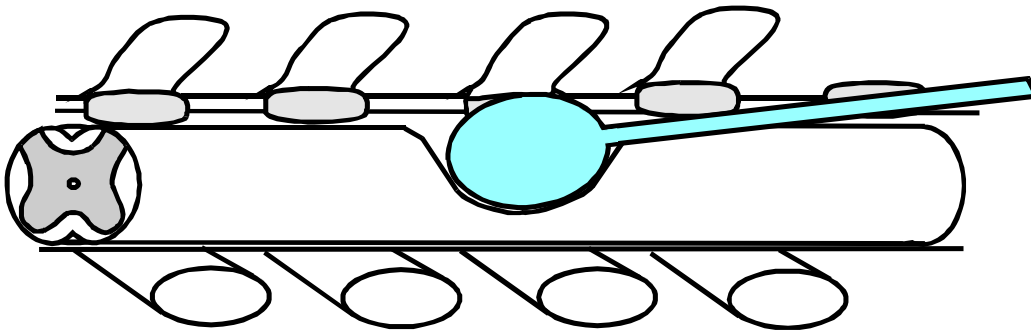


# Experimental SCI

## 2. blunt

contusion  
(NY impactor, OSU  
impactor, MASCIS)

compression (BCL)



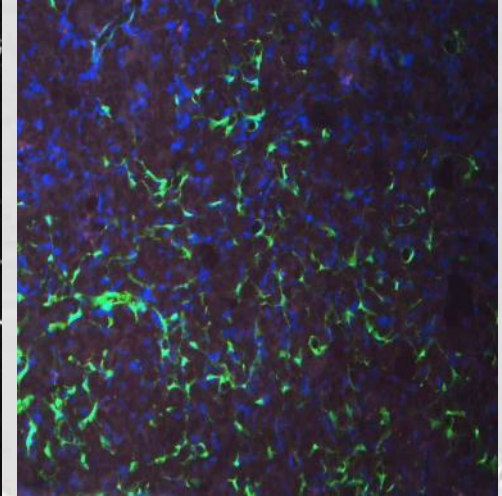
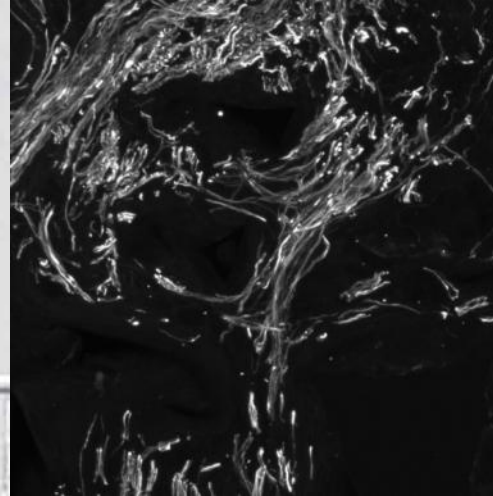


# Morphology evaluation

classical histology

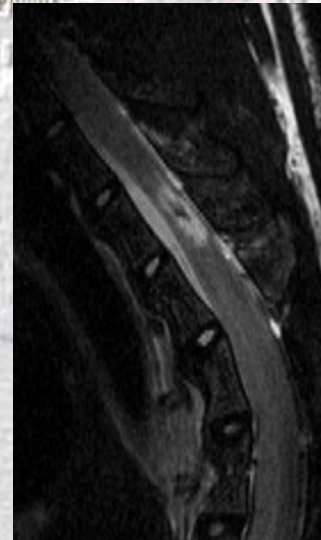
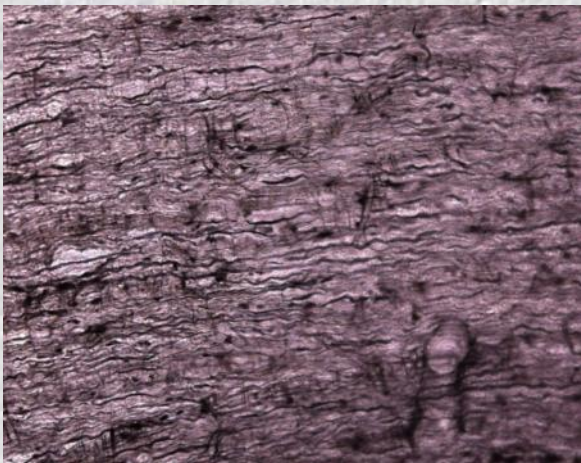


immunohistochemistry



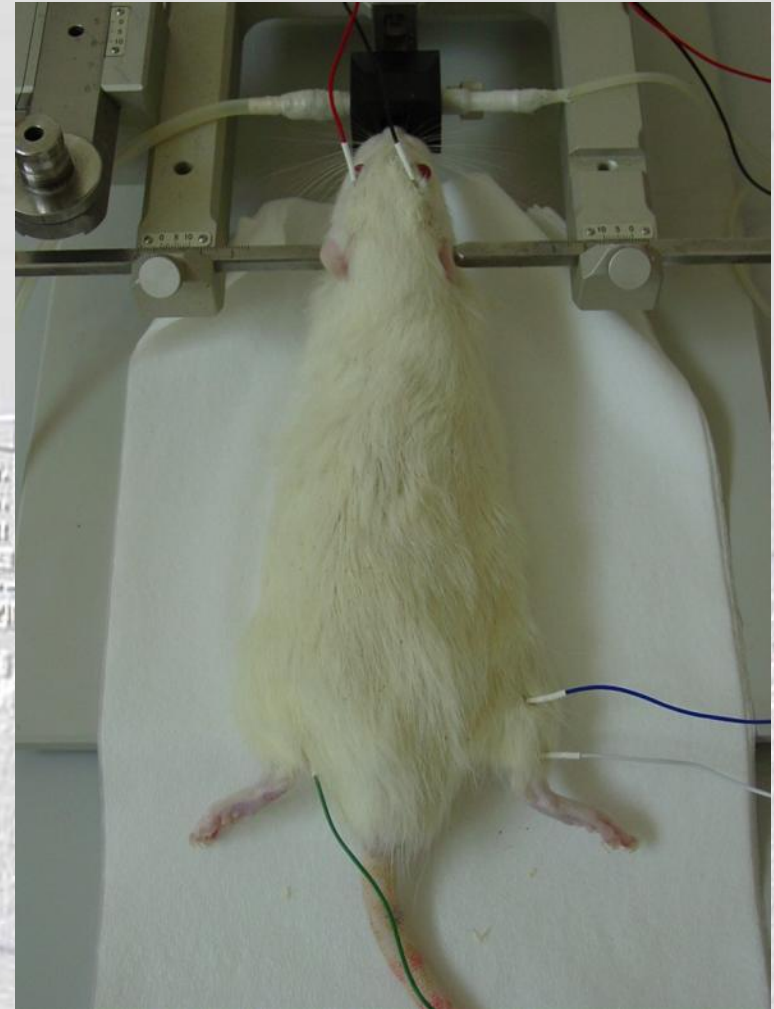
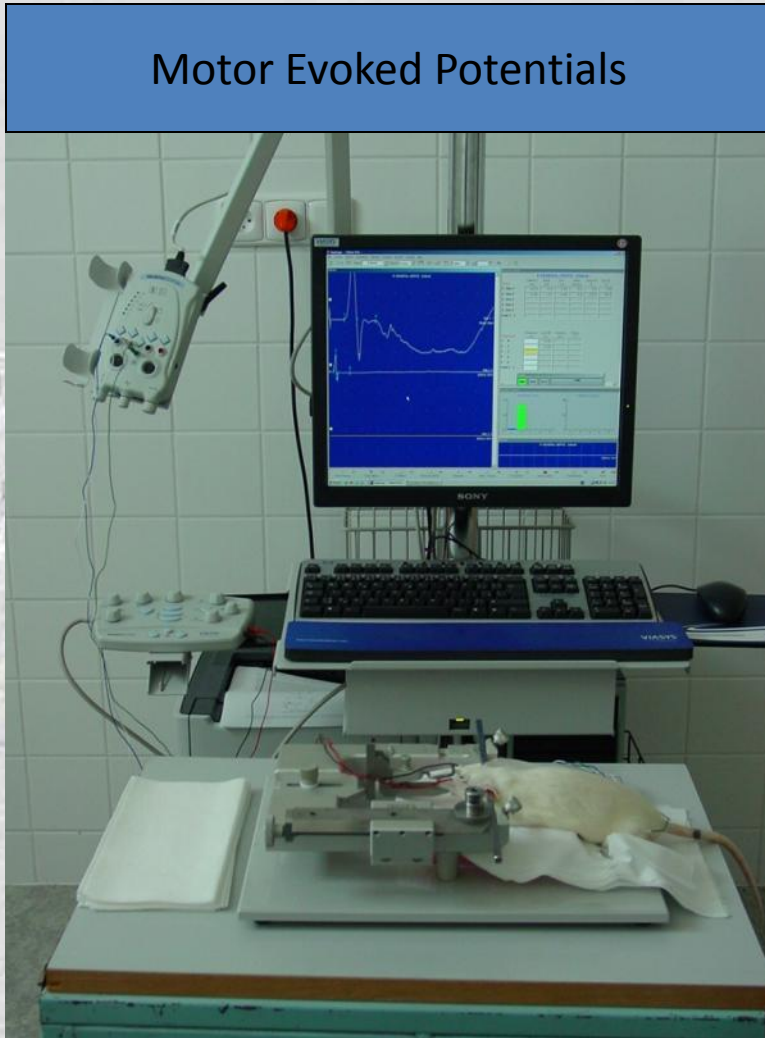
non-invasive evaluation - MRI

retrograde/anterograde staining



# Electrophysiology

## Motor Evoked Potentials



*Courtesy of Takashi Amemori, Prague*



# Function: behavioral testing

## sensory function

- von Frey filaments
- paw compression test
- hot plate-based tests, etc...



plantar test

## motor function

- open field locomotor test
- inclined plane
- swim tests, etc...

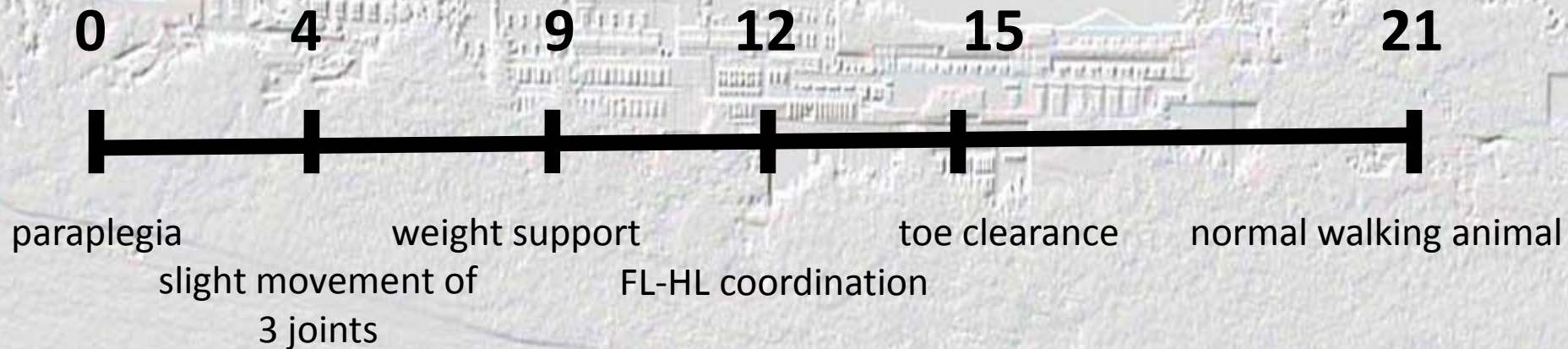


open field locomotor test



# Functional evaluation

BBB test (Basso-Beattie-Bresnahan score)



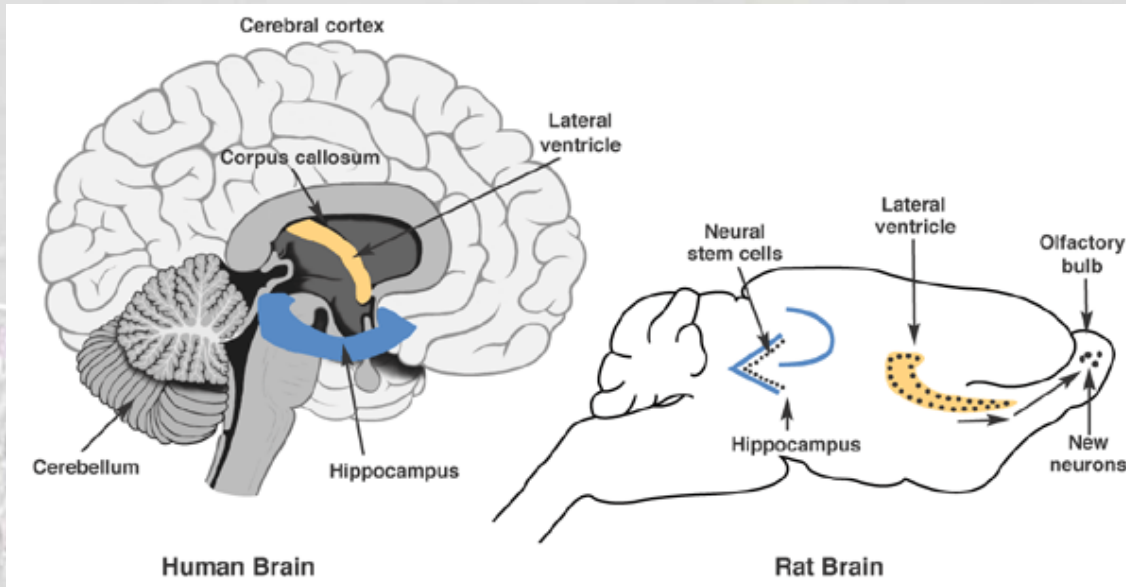
# I. Cellular therapies

---

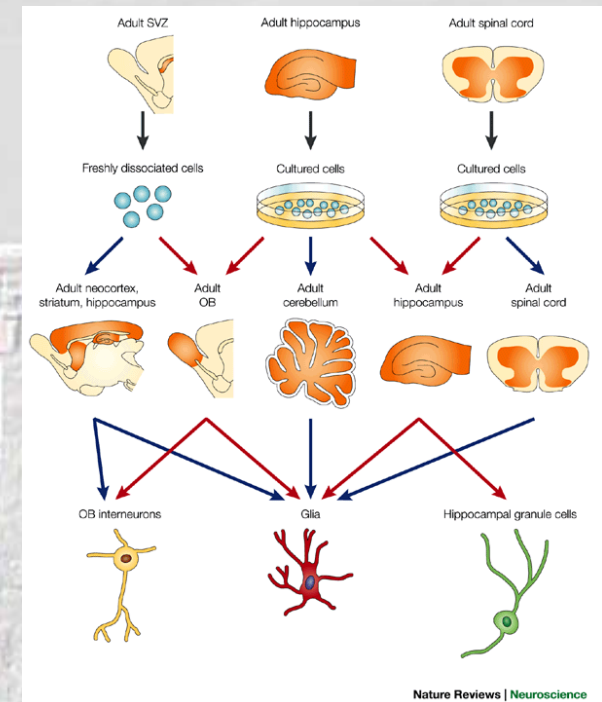
- **Stem cells:**
  - adult neural stem cells
  - MSCs
  - embryonic stem cells
  - fat-derived stem cells
- **Schwann cells**
- **OEG**



# Adult neural stem cells (NSCs)



Gage, Science, 2000



*in vivo* – neurons

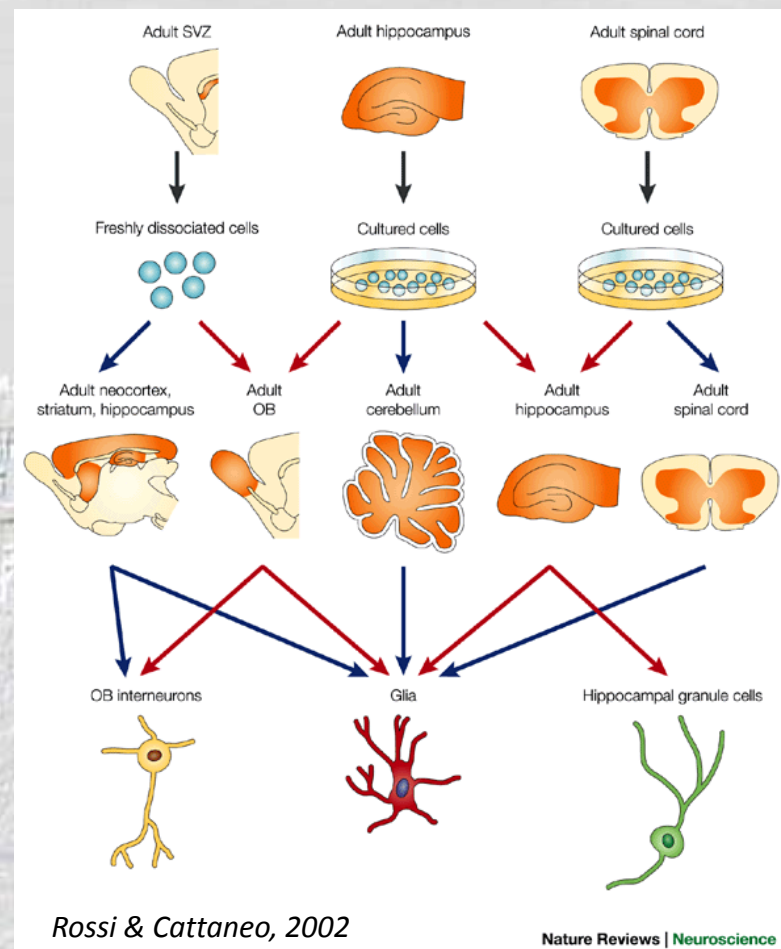
*in vitro* – neurons, astrocytes, oligodendrocytes



# The role of NSCs

activation of endogenous cells to provide “self-repair”

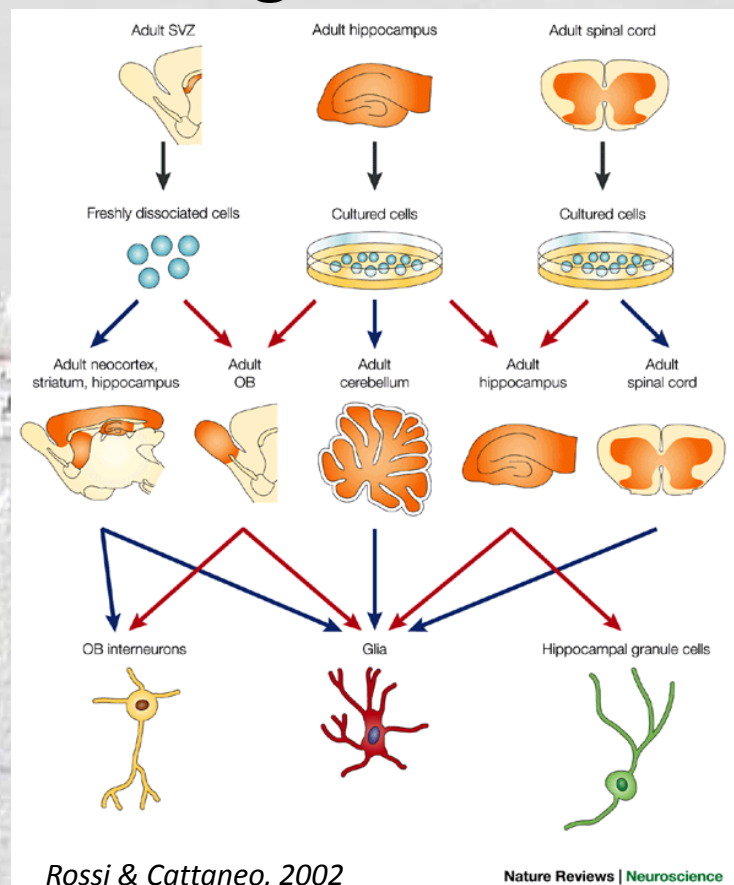
*CNS injury (BI or SCI) leads to increase in NSCs (Frisén et al., 1995).*



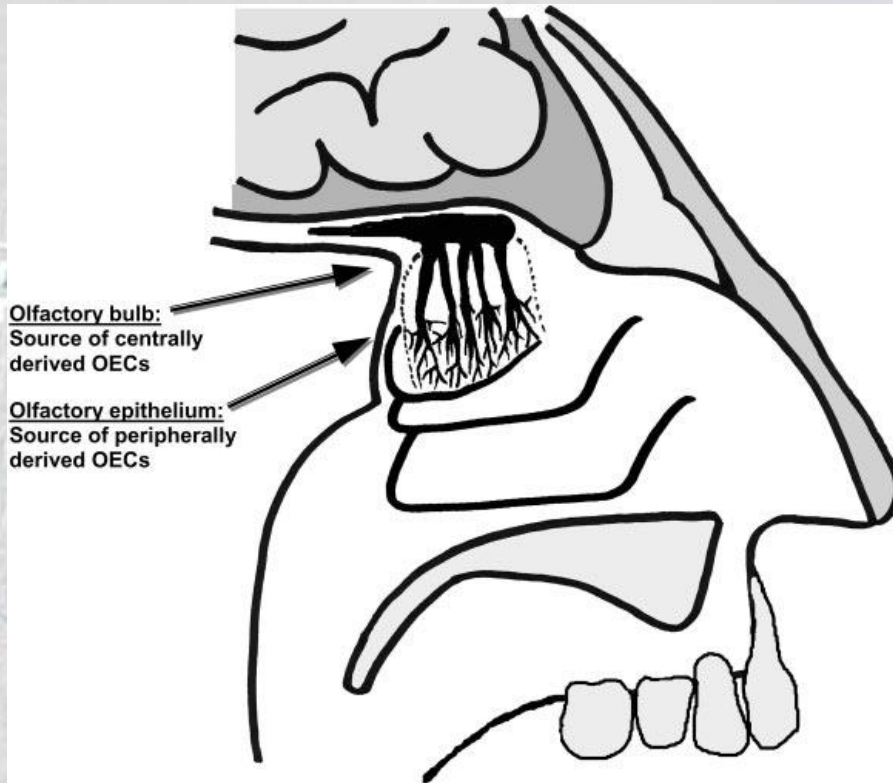
# The role of NSCs

transplantation to substitute missing/lost cells

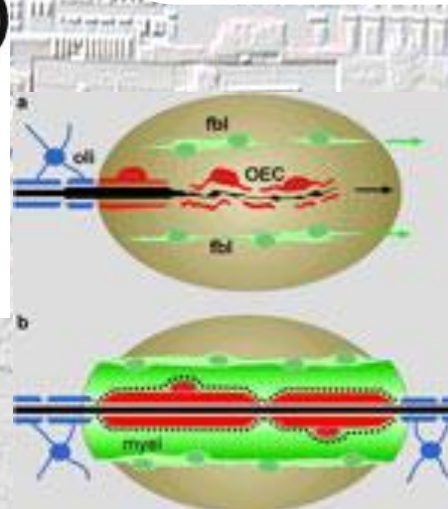
*implanted NSCs 2 weeks after SCI leads in 50% of cells to genesis of oligos and myelinization of axons, which results in improved motor function of hindlimbs (Karimi-Abdolrezaee et al., 2006).*



# Olfactory ensheathing glia (OEGs)



- guide regenerating axons
- provide permissive environment across the glial scar  
(Ramon-Cueto *et al.* 1994; Ramon-Cueto *et al.* 1998)
- show + effect on PNS/CNS regener.
- OEGs showed axonal regeneration across a long distance

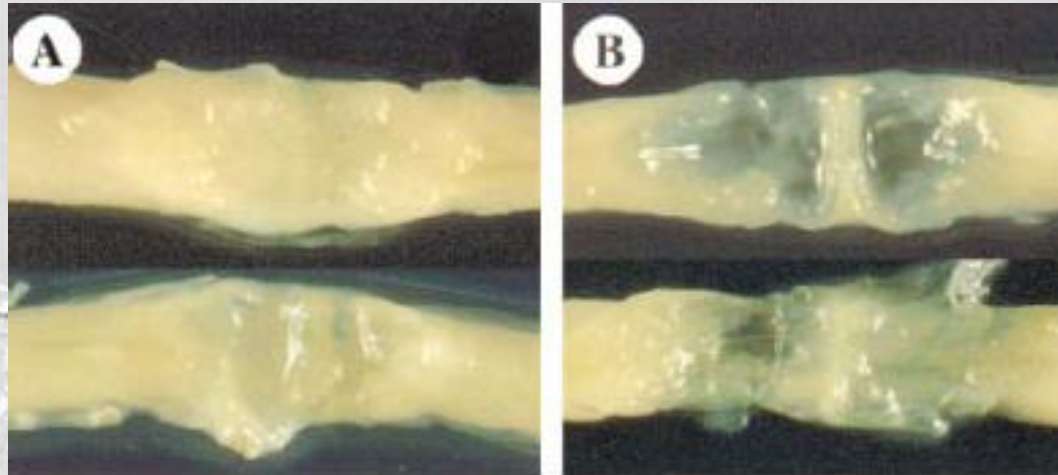


Ramón-Cueto, Madrid



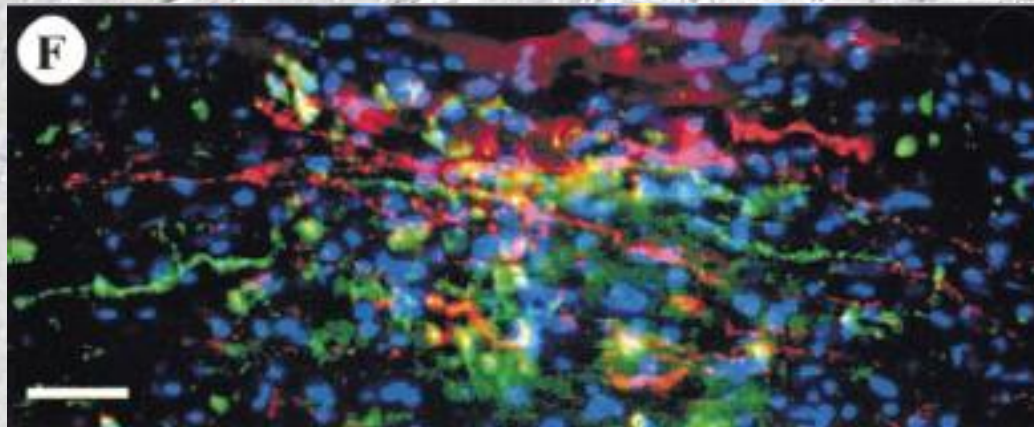


# OEGs in transection SCI - morphology

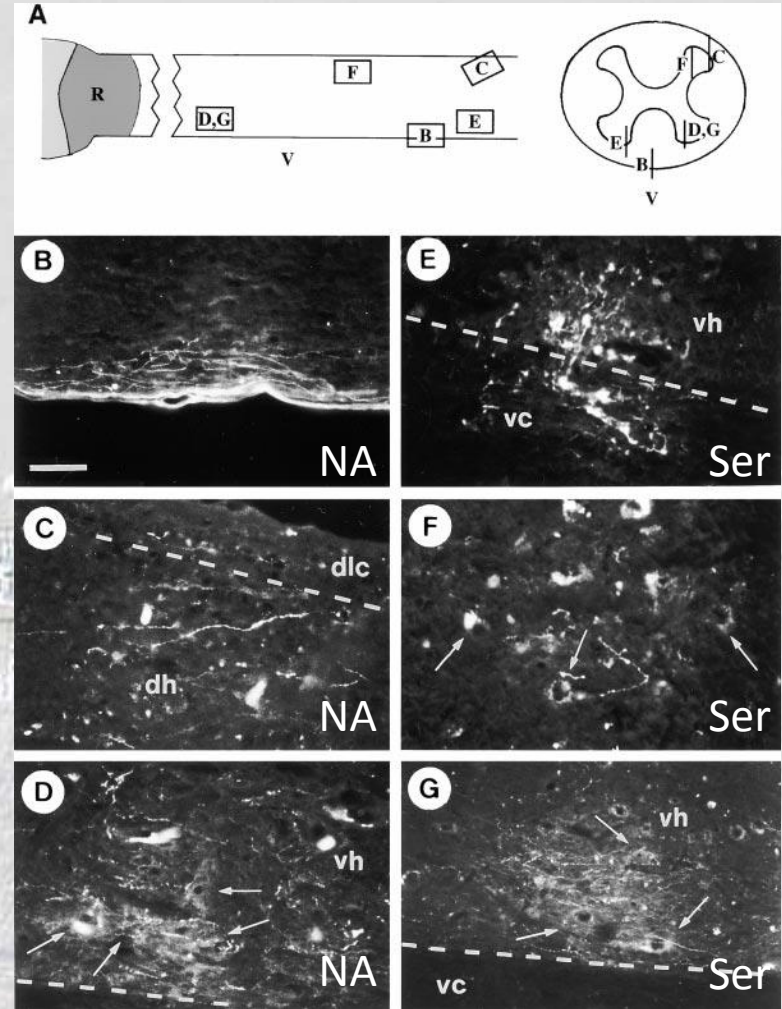


A. OEG transplanted

B. untreated



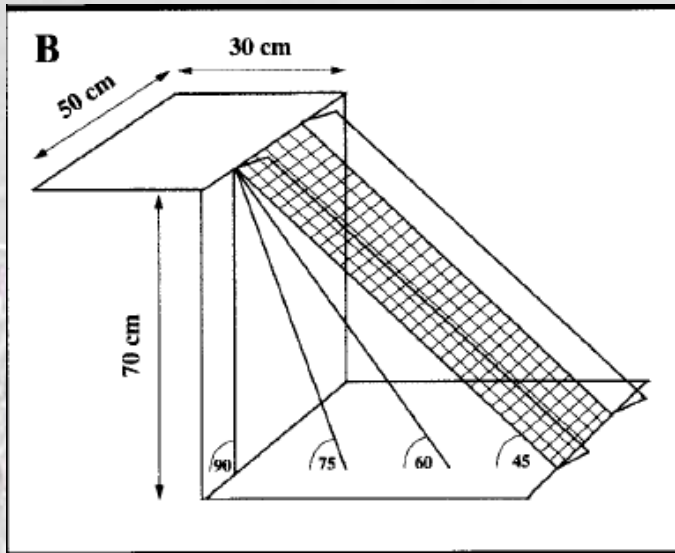
F. CST (green) and NA axons (red) crossing the epicenter of the lesion



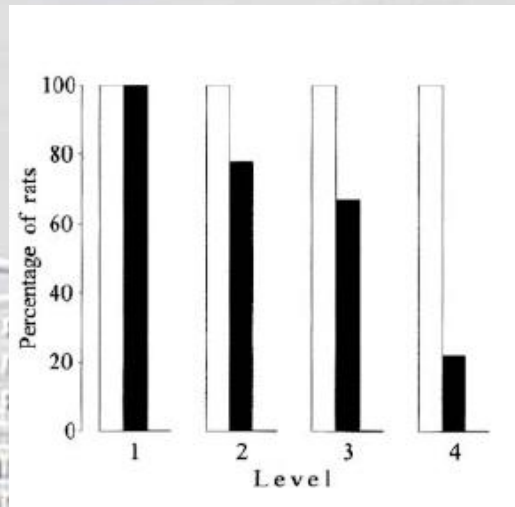
Ramón-Cueto, *Neuron*, 2000

# OEGs in transection SCI - function

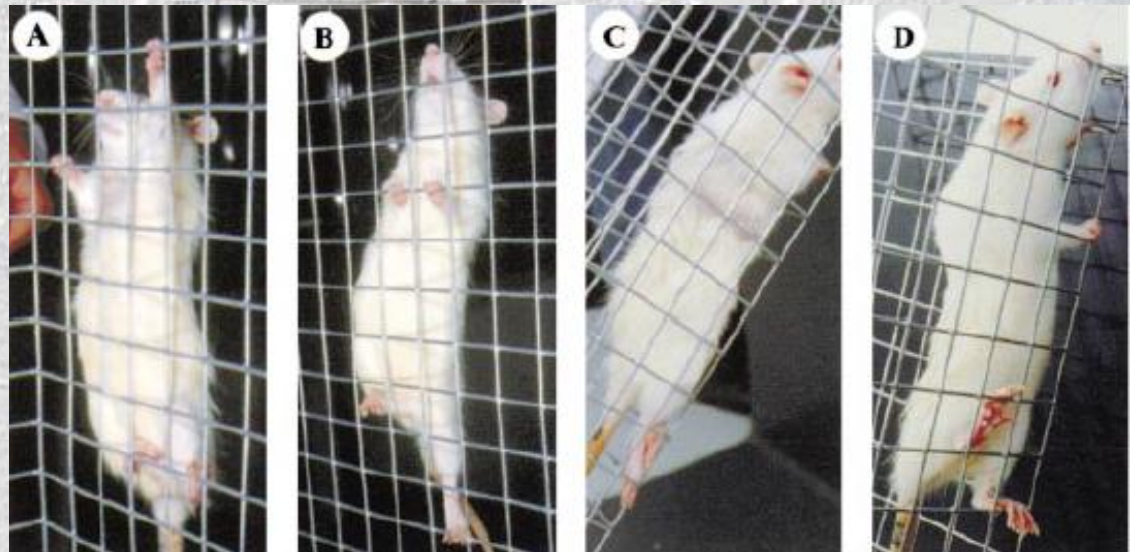
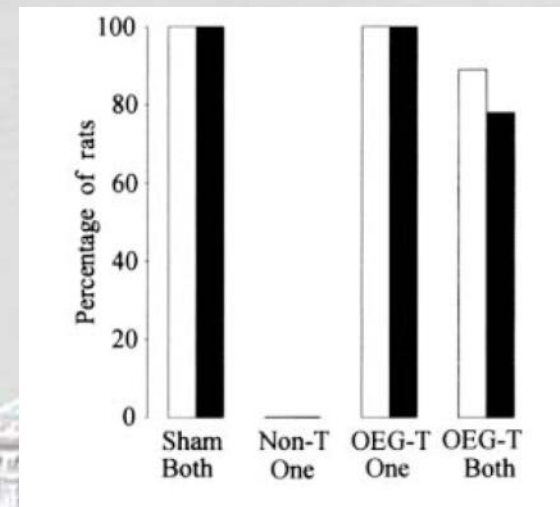
vertical grid



motor function



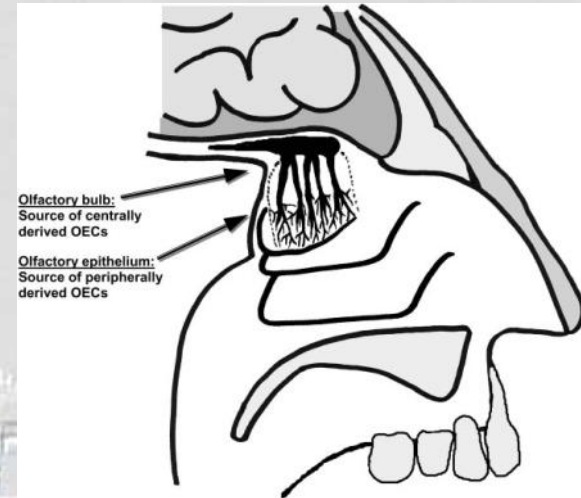
sensory testing





# Drawbacks / critics about OEGs:

- Most research has been done with centrally-derived OEGs (Lu et al., 2002).



- The OEGs may have been contaminated with Schwann cells, as pure cultures of OEGs did not form myelin and did not show association with axons (Plant 2002)

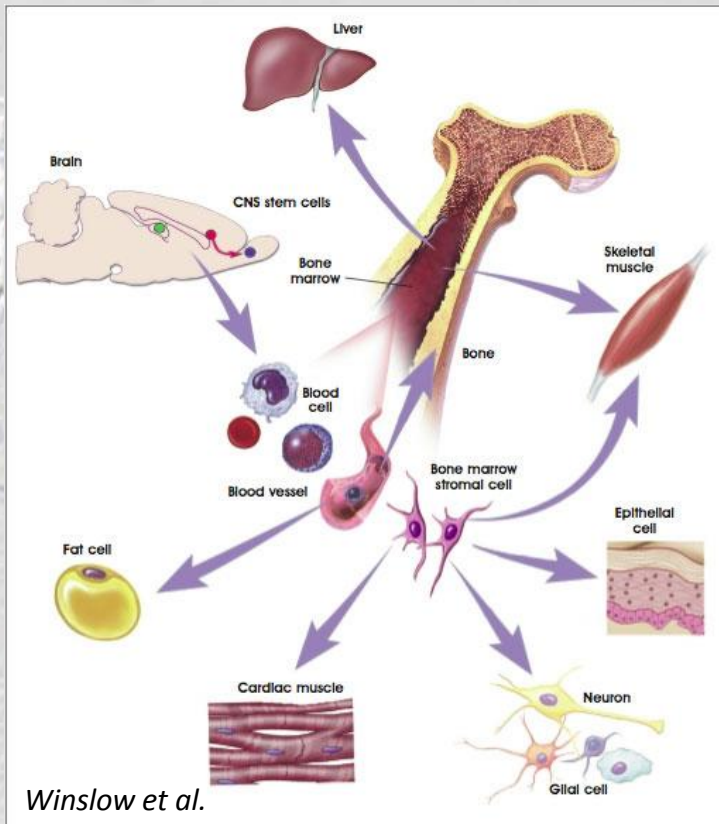


# Bone marrow stem cells

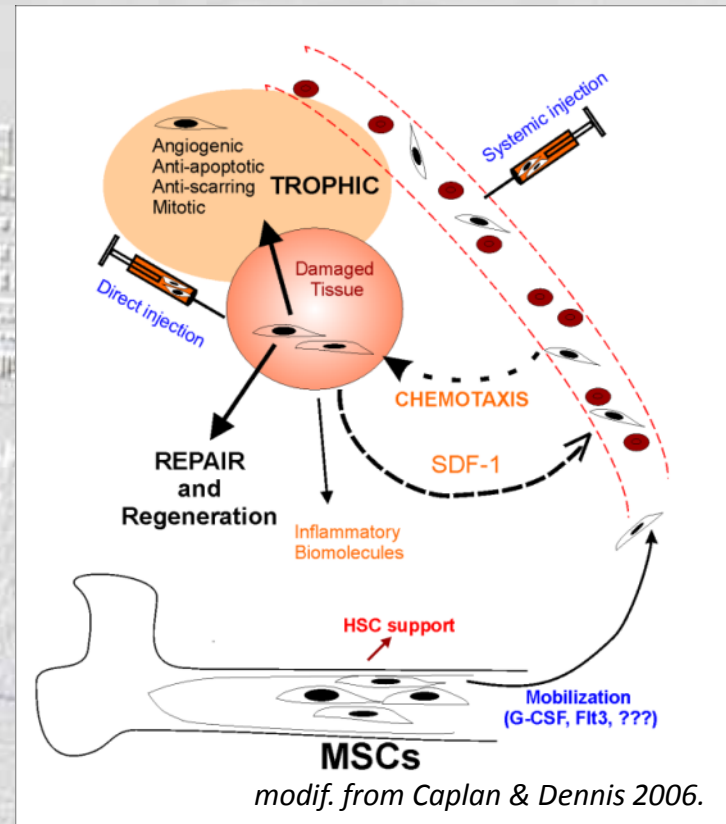
Prockop JD. *Science*, 1997.

J. Cohnheim. *Arch. Path. Anat. Physiol. Klin. Med*, 1867.

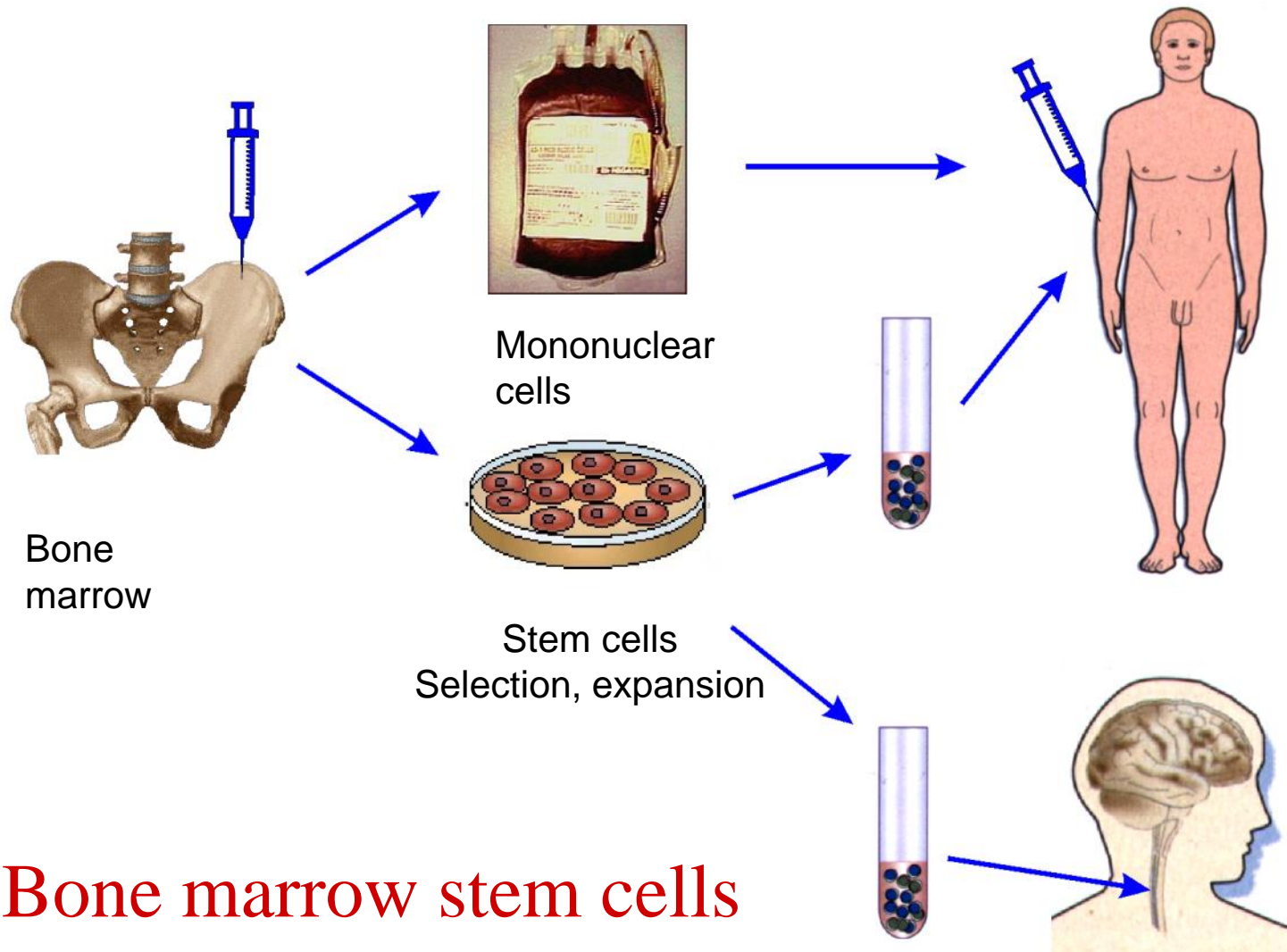
## BMSC – source of stem cells for nonhematopoietic tissue



## Delivery and function of MSCs in the host organism



# BMSC in clinical application



# Functions of bone marrow stem cells

---

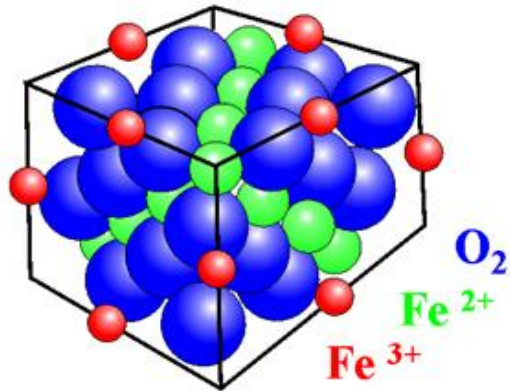
- Substitute cells (neurons, astrocytes, oligos) – REPAIR
- Save damaged cells - RESCUE
- Trophic support.
- Support regeneration of synapses and axons.
- Myelinisation.
- Mobilisation of endogenous stem cells.
- Induction of other genes/proteins.
- Reduction of scarring.
- Support in revascularisation.
- Modification of immune response.



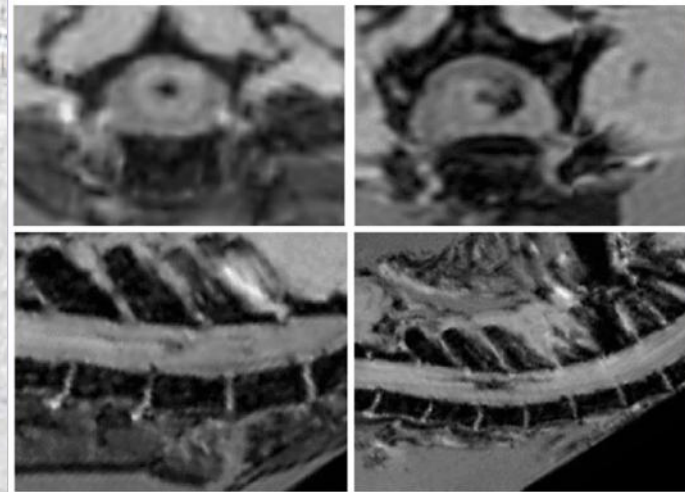
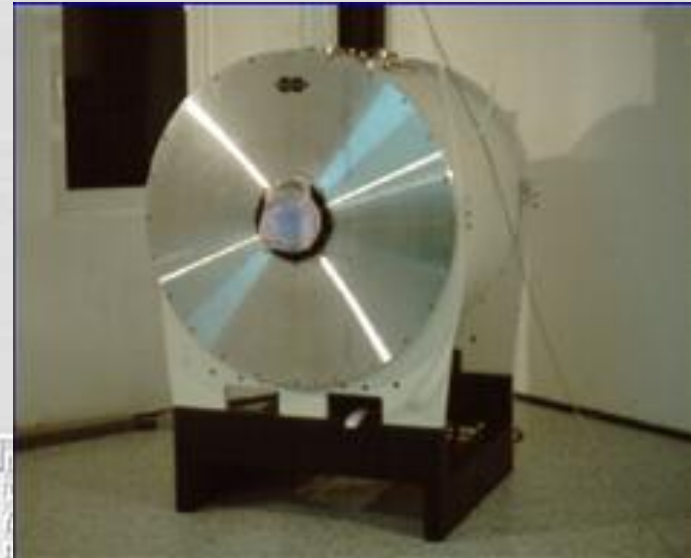


# Non-invasive tracing of MSCs

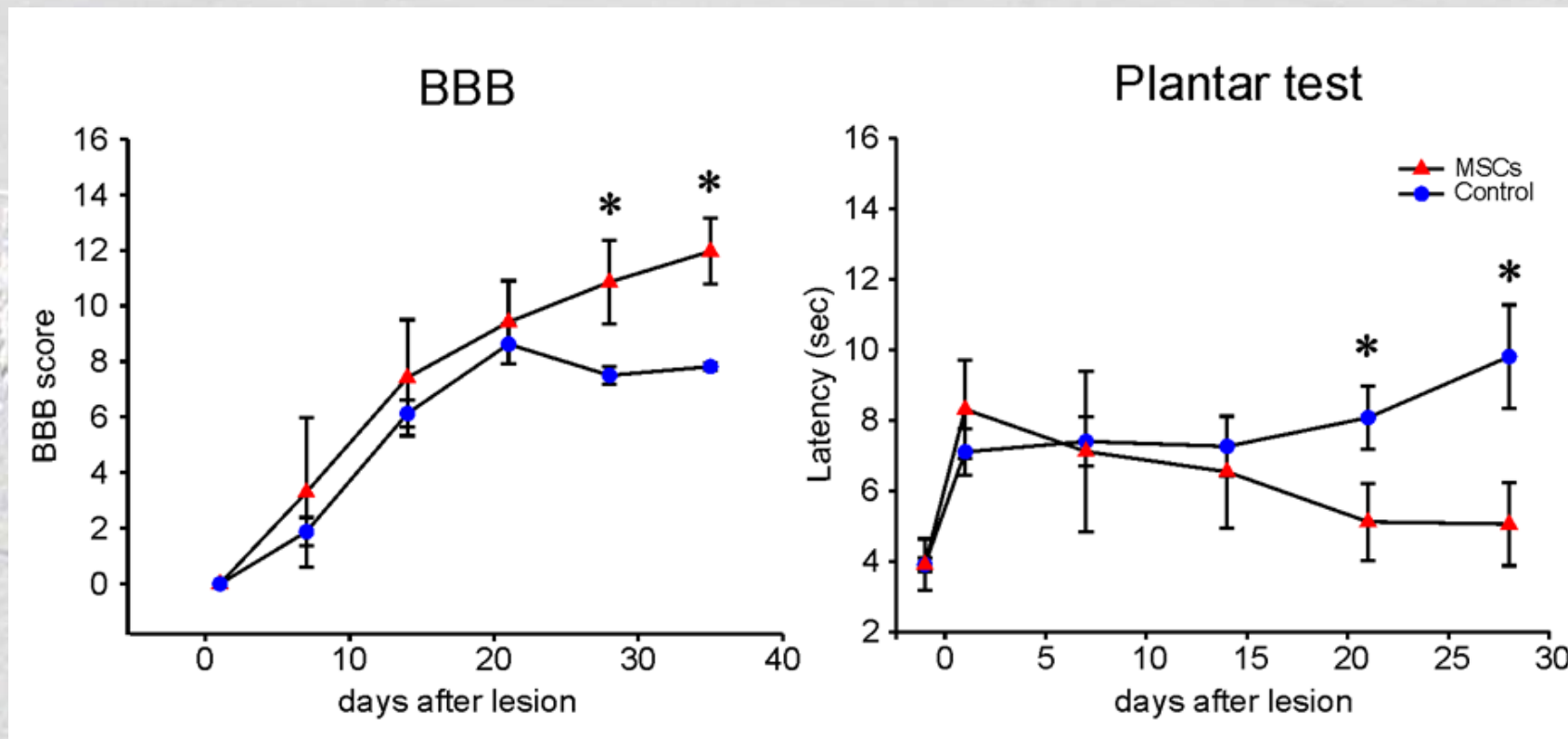
$\text{Fe}_3\text{O}_4$  nanoparticles



Nanoparticle coated with a  
surfactant monolayer shell  
(stabilised and soluble)



# Functional effect of i.v. inj. of BMSC to rats with SCI



Syková, Jendelová, Urdžíková (2004)



# II. Immunity (activated macrophages and T cells)

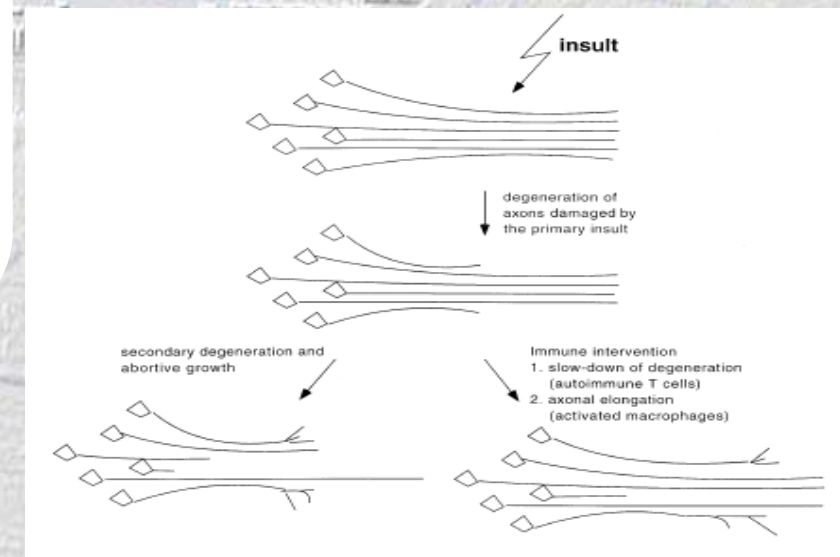
## The concept of „protective autoimmunity“

- the immune system serves tissue protection and repair after injury in most tissues (not in the CNS)
- T cells and macrophages are mostly involved in this process
- how to do it:
  - withdraw individual's blood
  - isolate the monocytes
  - “educate” them on peripheral nerve tissue
  - replace them in the natural site of activity (the site of injury)
  - this way it is possible to induce a self-propagating process of healing



**M. Schwartz**

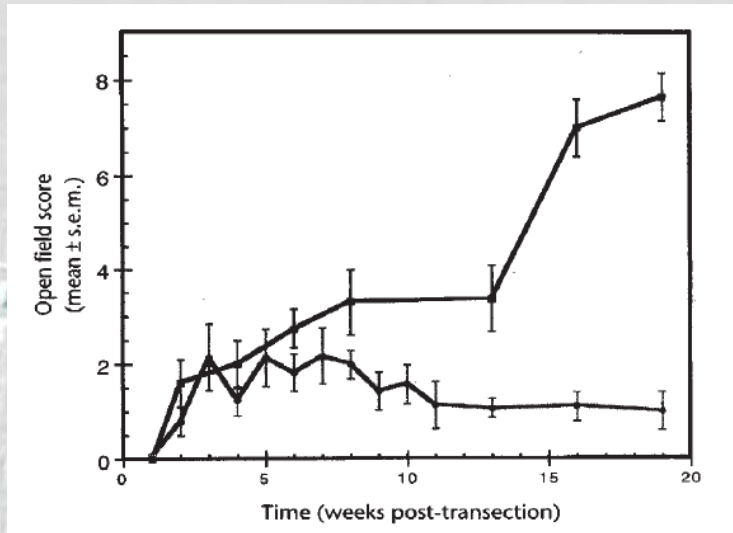
*Weizmann Inst of Sciences, Izrael*



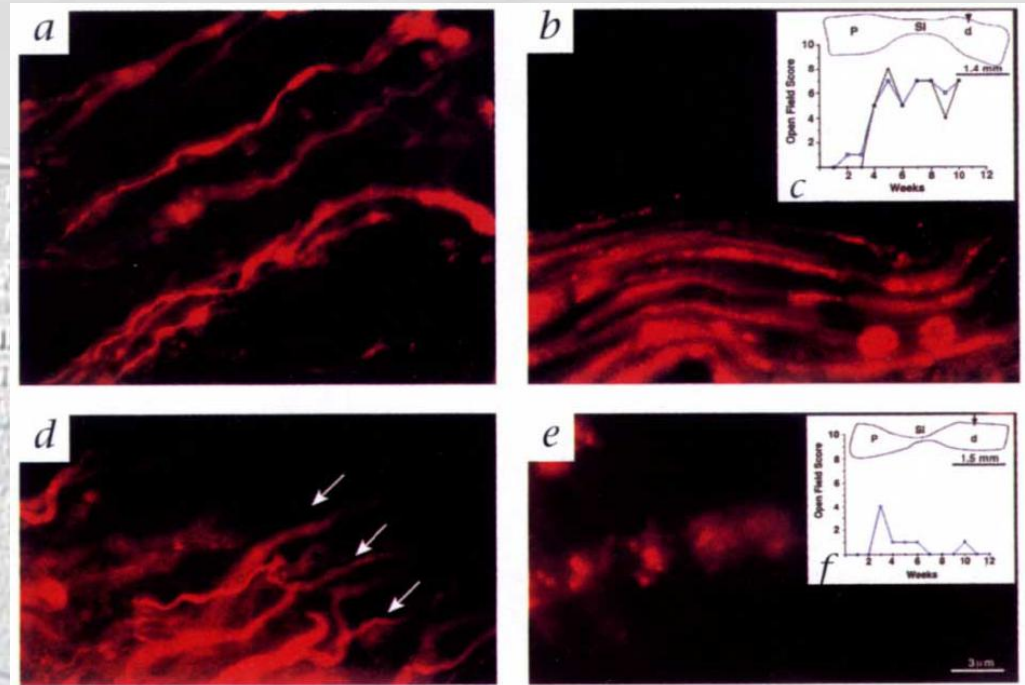


# Protective immunity and complete SCI

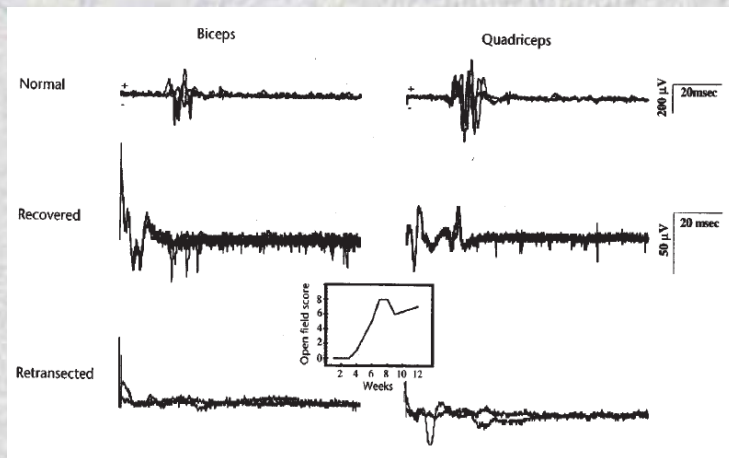
## motor score improvement



## anterograde tracing



## MEP recordings recovery



# III. Neurotrophic factors in SCI repair

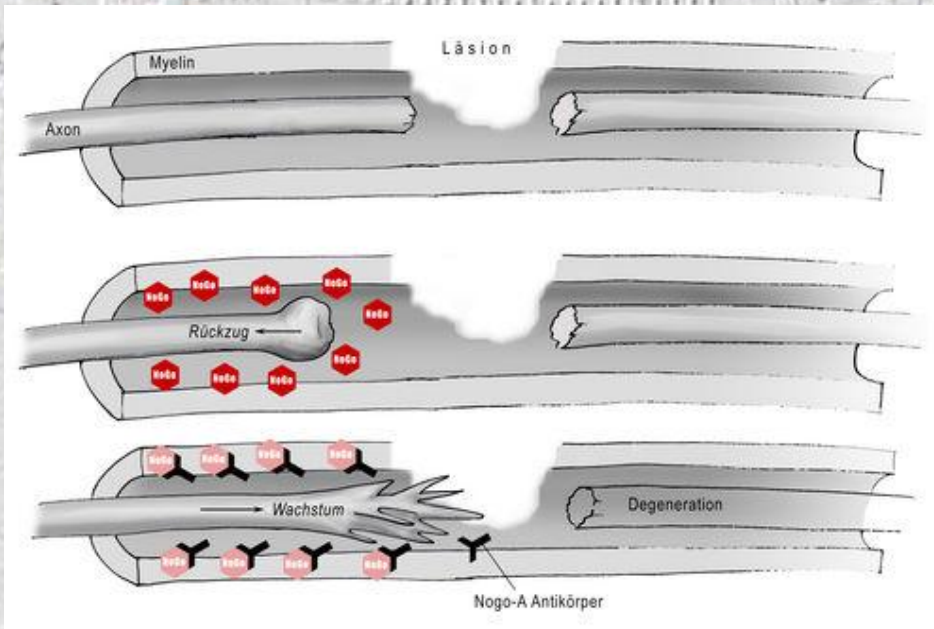
Neural response promoted	Neurotrophic factors
Motor neuron survival	BDNF, NT-3, NT-4/5, CNTF, GDNF
Motor neuron outgrowth	BDNF, NT-3, NT-4/5, CNTF, GDNF
Sensory neuron survival	NGF, NT-4/5, GDNF
Sensory neuron outgrowth	NGF, BDNF, NT-3
Spinal cord regeneration	NGF, NT-3, CNTF, FGFs
Peripheral nerve regeneration	NGF, NT-3, NT-4/5, CNTF, GDNF, FGFs
Sensory nerve growth across the PNS-CNS transition zone	NGF, NT-3, GDNF, FGFs

*Schmidt and Leach, Annu Rev Biomed, 2003*



# IV. Overcoming glial scarring

- the limited plastic and regenerative capabilities of axons in the adult mammalian is due to myelin-associated neurite growth inhibitors, such as Nogo-A
- the growth of neurites in the CNS can be enhanced by the application of a monoclonal antibody (mAb), IN-1, raised against Nogo-A

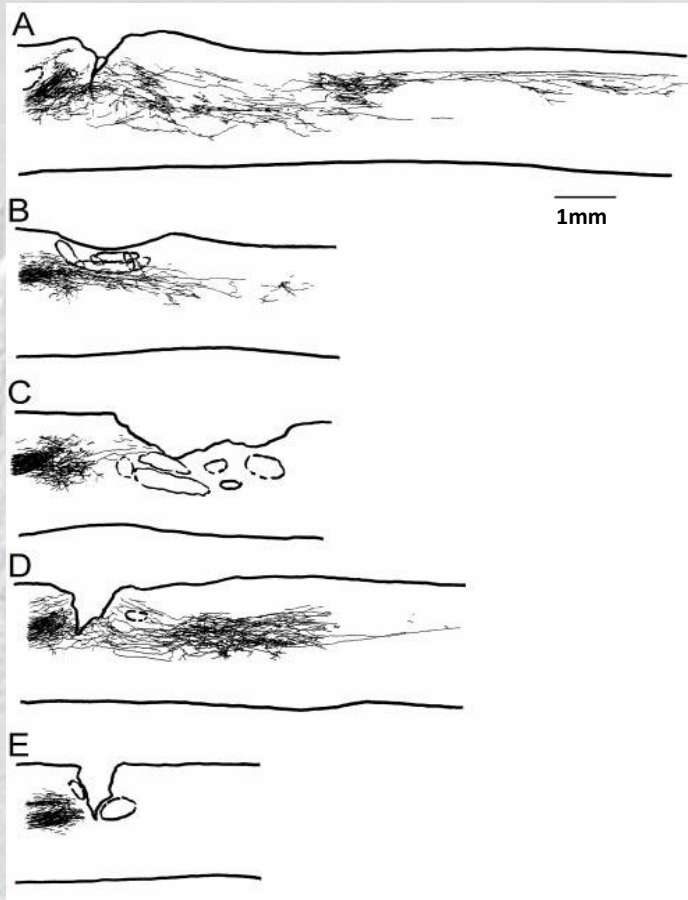


*Martin E. Schwab*  
*Brain Research Institute, Zurich, Switzerland*

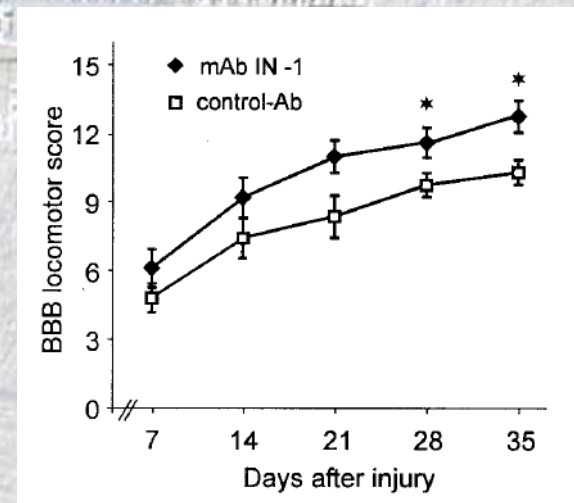
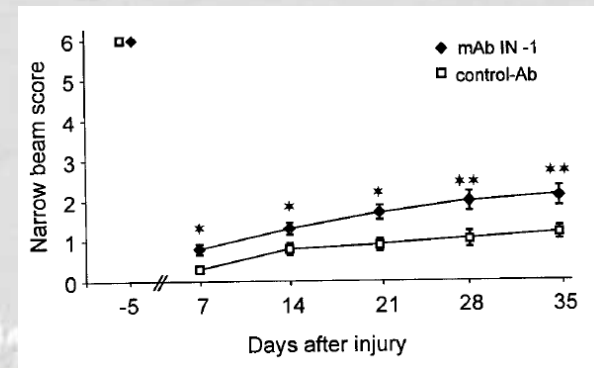


# IV. Overcoming glial scarring

## CST regrowth after IN-1 application

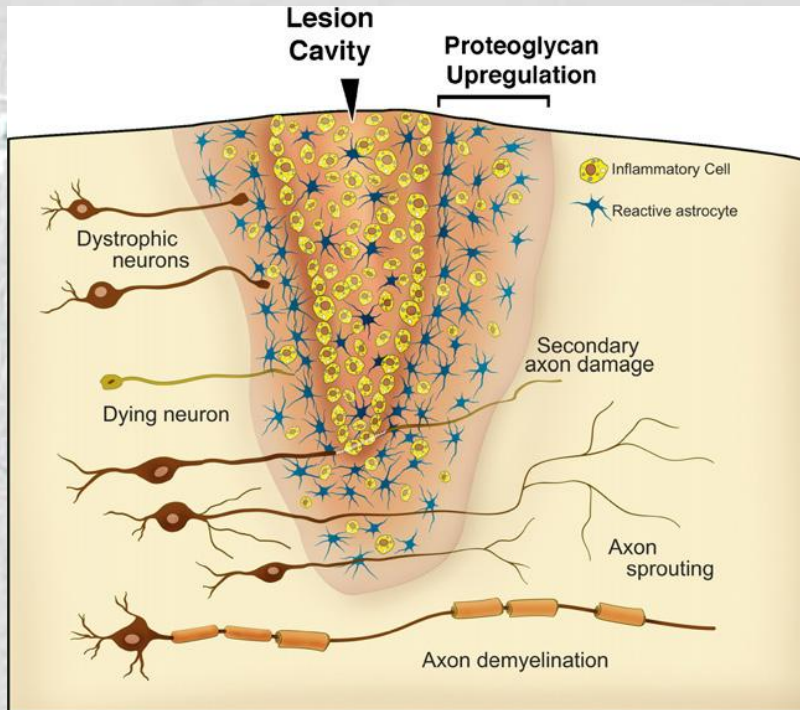


## Functional improvement after IN-1 application



# IV. Overcoming glial scarring

**chondroitin sulphate proteoglycans**  
structural macromolecules  
of the ECM in the CNS

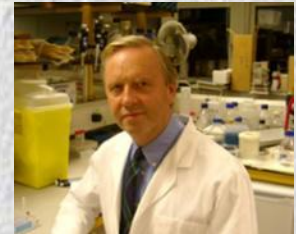
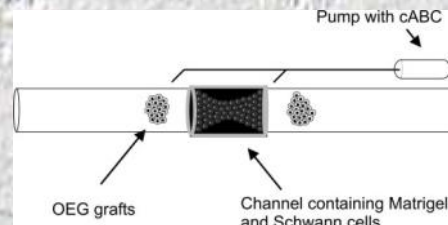


*from Fitch, Silver, 2007*

**chondroitinase ABC**  
bacterial enzyme

- treatment of SCI with chABC leads to degradation of CSPG (effect lasts for at least several weeks)
- neuritic outgrowth both in white and grey matter
- leads to functional recovery

**intrathecal delivery**

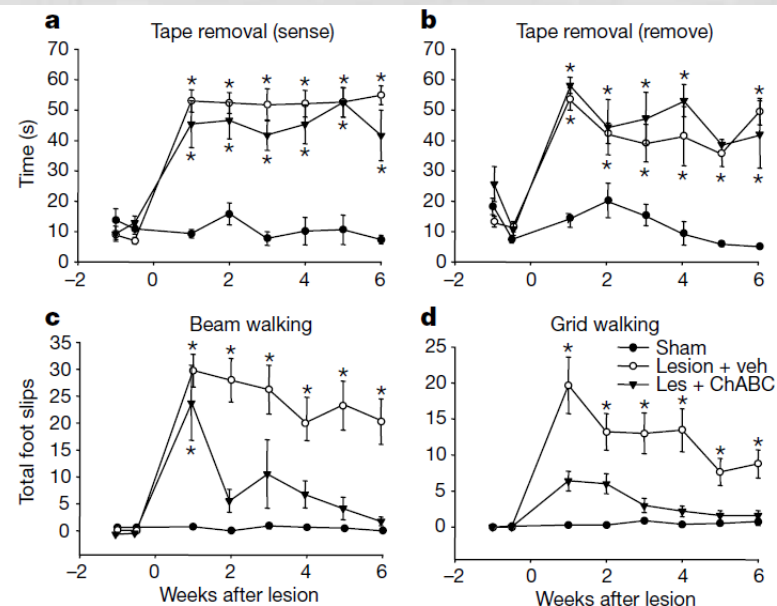
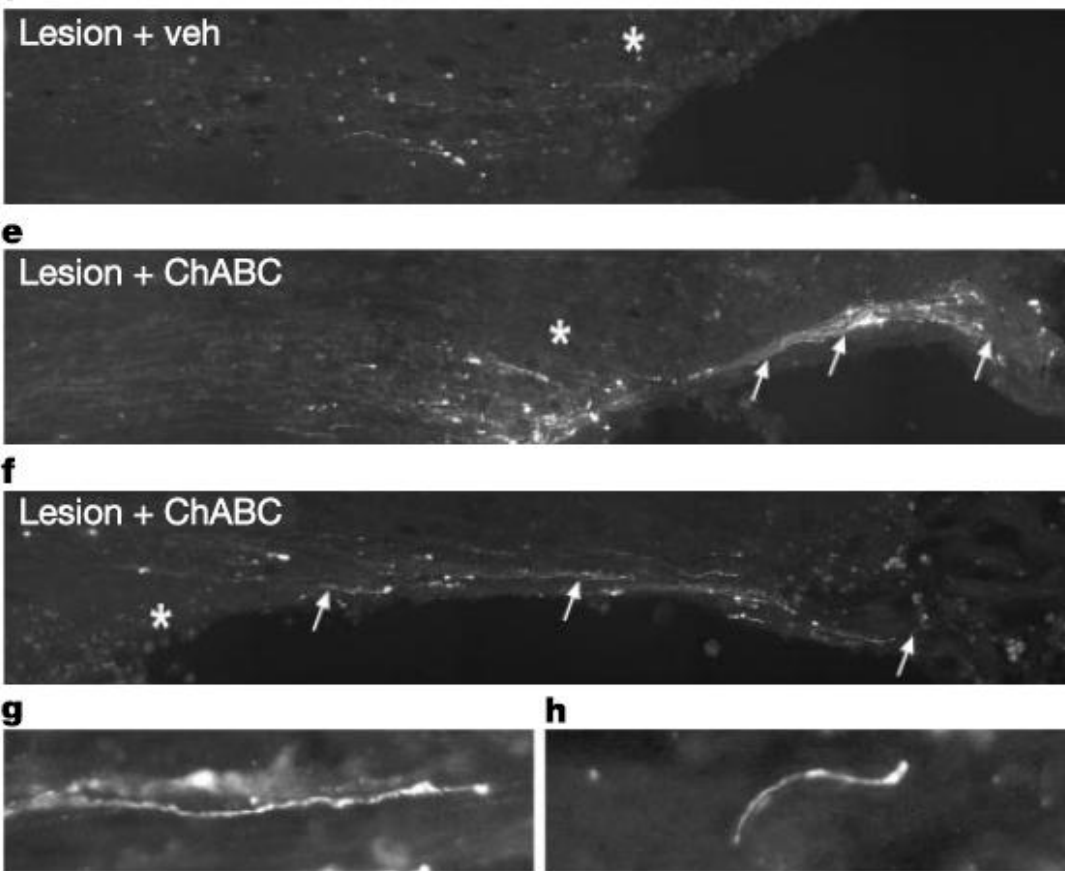


*James W. Fawcett  
Cambridge University Centre for Brain Repair, UK*

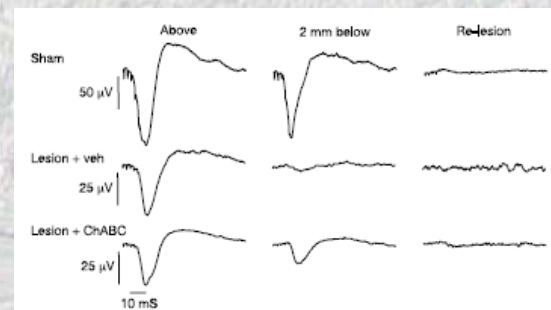
# IV. Overcoming glial scarring

anterograde tracing

functional improvement



MEP



Bradbury *et al.*, Nature 2002



# V. Guidance therapies

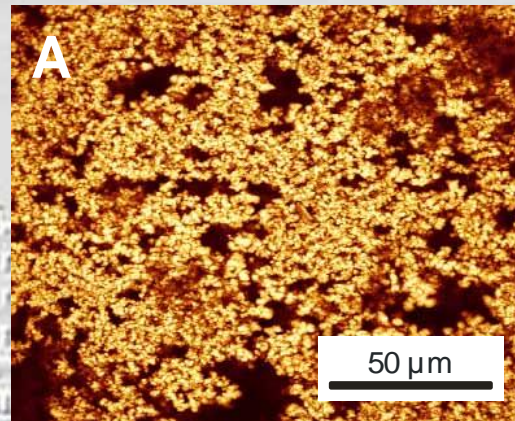
## 1. Natural polymers

### hydrogels

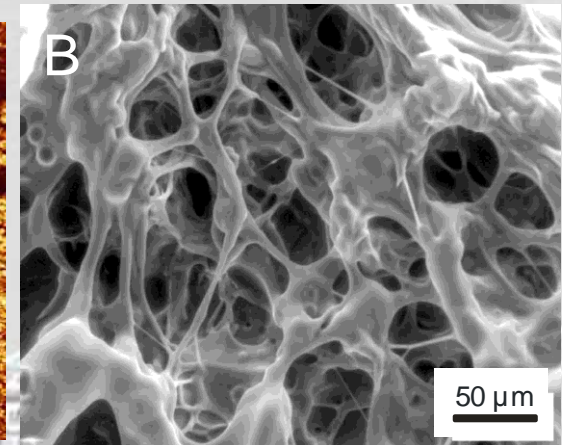
- biocompatible
- high water content
- macroporous (50-90  $\mu\text{m}$ )
- large surface area
- physical properties similar to extracellular space of CNS
- chemical properties widely adjustable
- allow diffusion of neurotrophic factors
- provide scaffold

## 2. Synthetic polymers

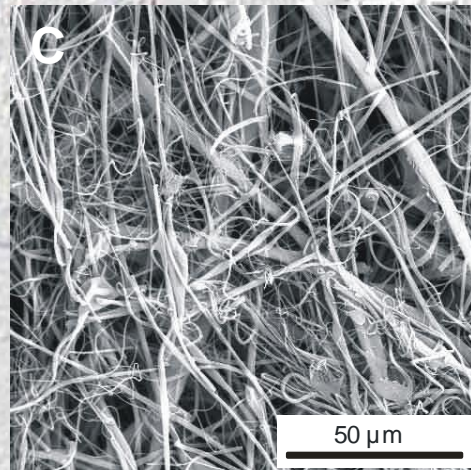
### HPMA-RGD



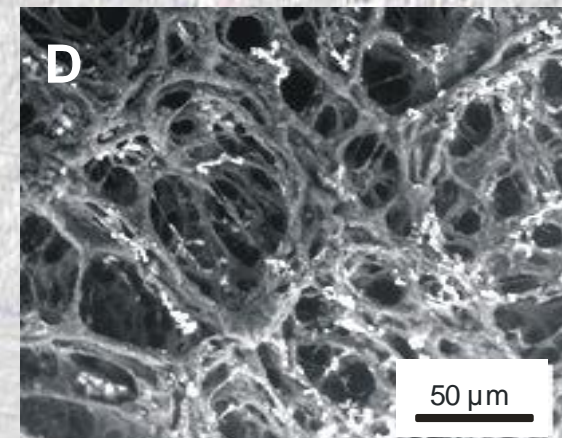
### HEMA



### nanofibres



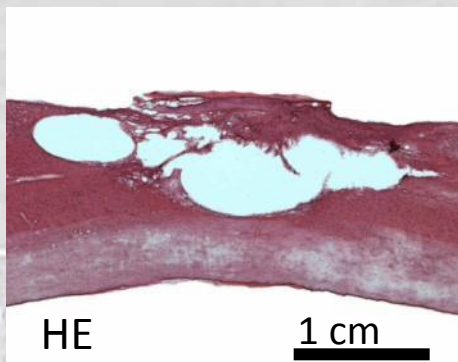
### resorbable HEMA



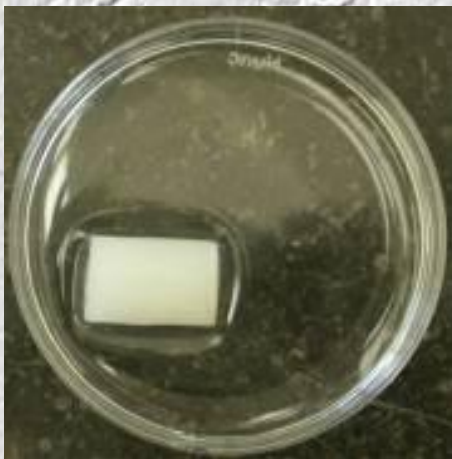


# V. Bridging the cavity

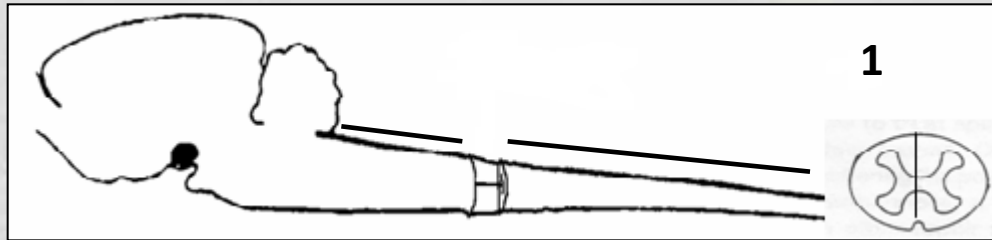
*SCI - cavity*



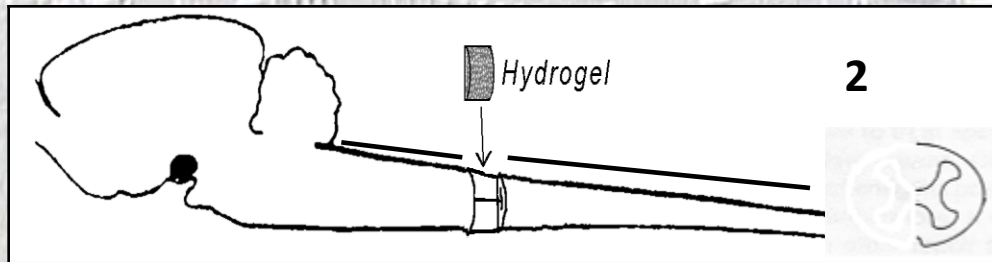
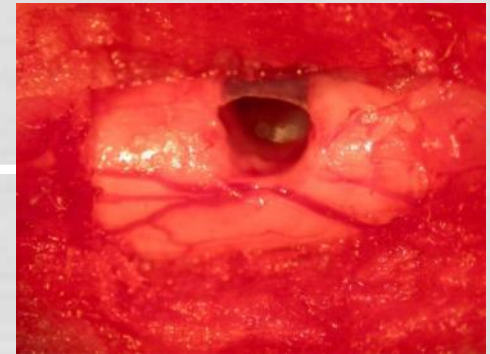
*hydrogel - bridge*



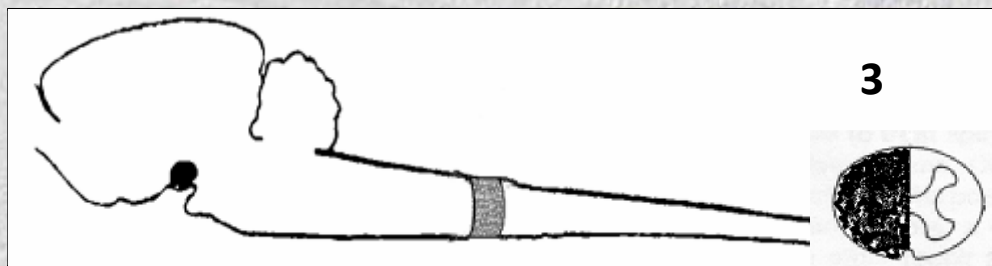
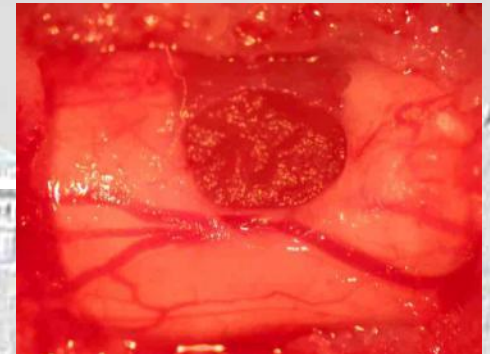
# V. Typical bridging protocol



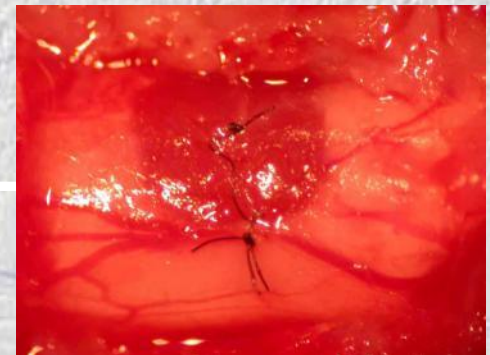
spinal  
cord  
injury



bridging the  
lesion



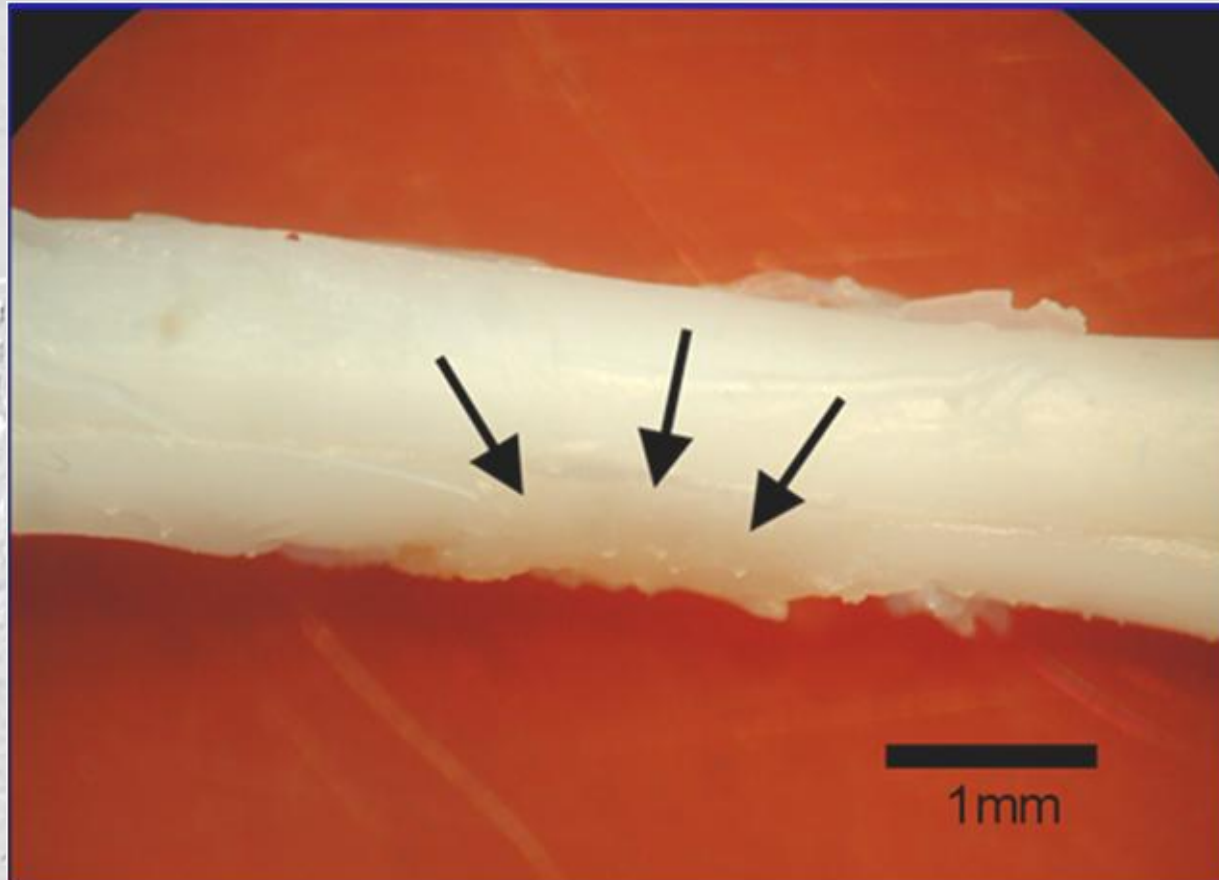
suturing the  
dura



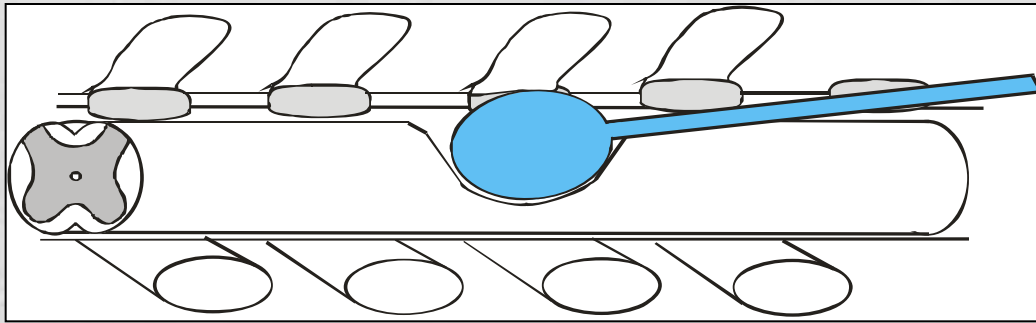


# 1 month after hydrogel implantation

---



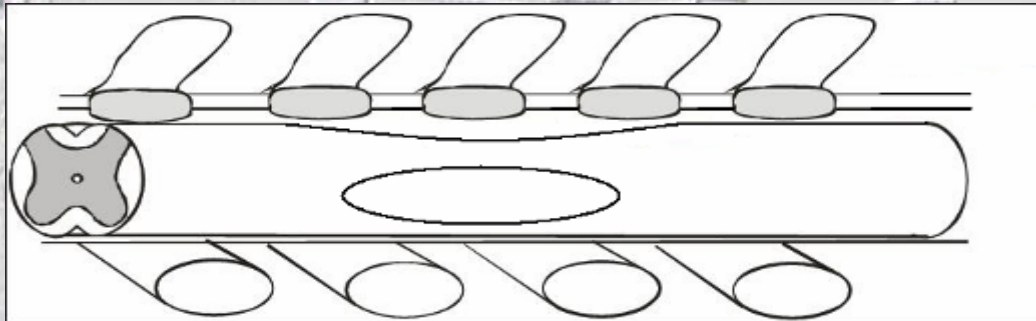
# V. Hydrogel bridging a chronic SCI



balloon compression

lesion

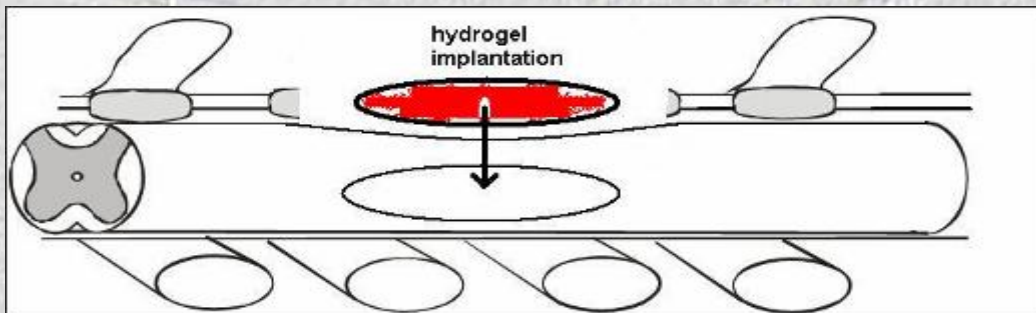
*Fogarty catheter inflated in the epidural space  
for 5 minutes*



posttraumatic pseudocystic

cavity

*5 weeks after the SCI*



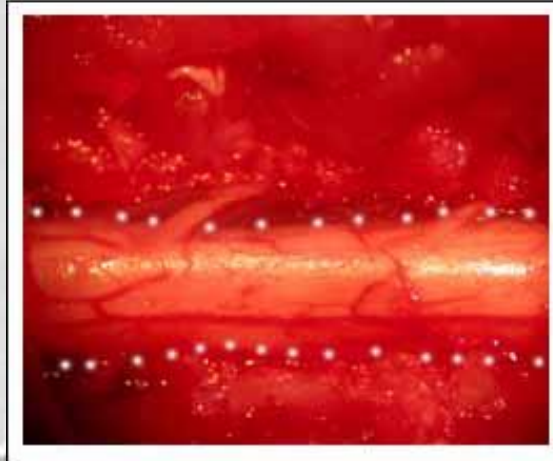
hydrogel implantation

inside the cavity

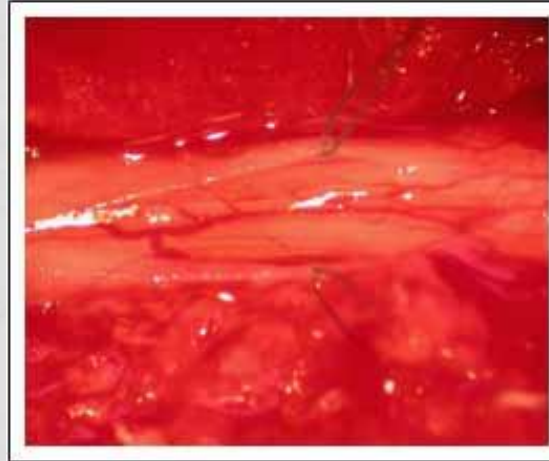
*hydrogel bridges the lesion*

# Hydrogel implantation in chronic SCI

---



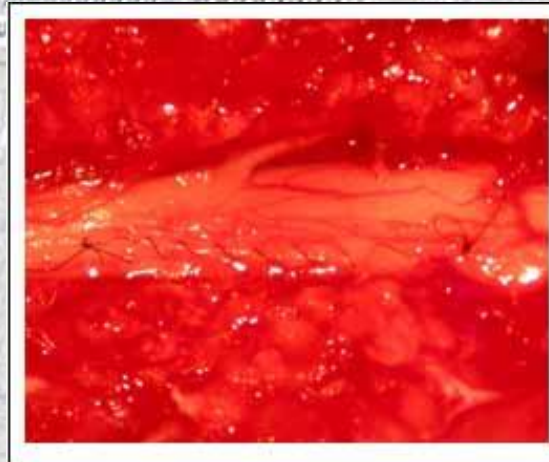
**1. spinal cord atrophy 5 weeks after a BCL**



**2. dural opening**



**3. pseudocyst bridged with hydrogel scaffold**

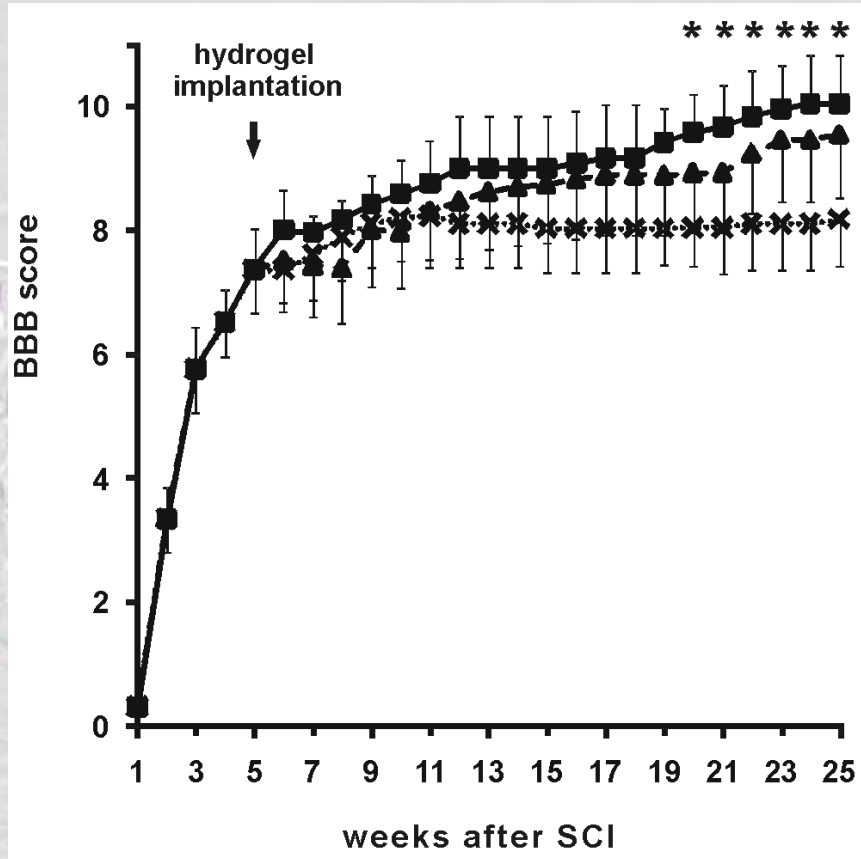


**4. dural closure**

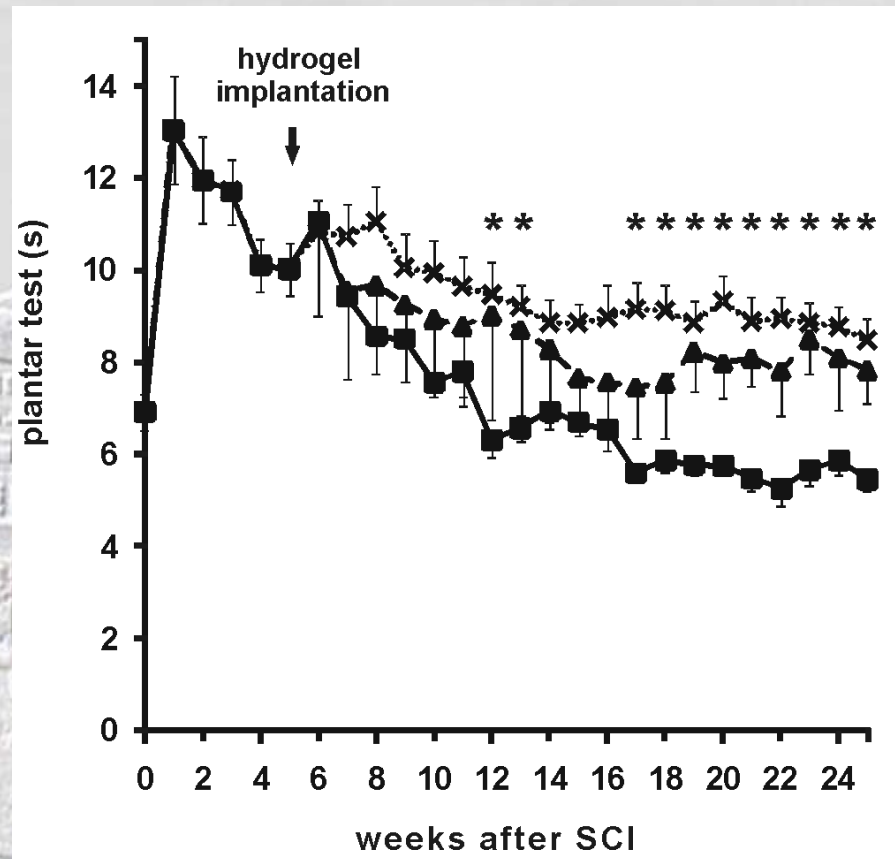


# Hydrogel implantation in chronic SCI

## motor function



## sensory function



Hejčl *et al.*, Stem Cell Develop., 2010

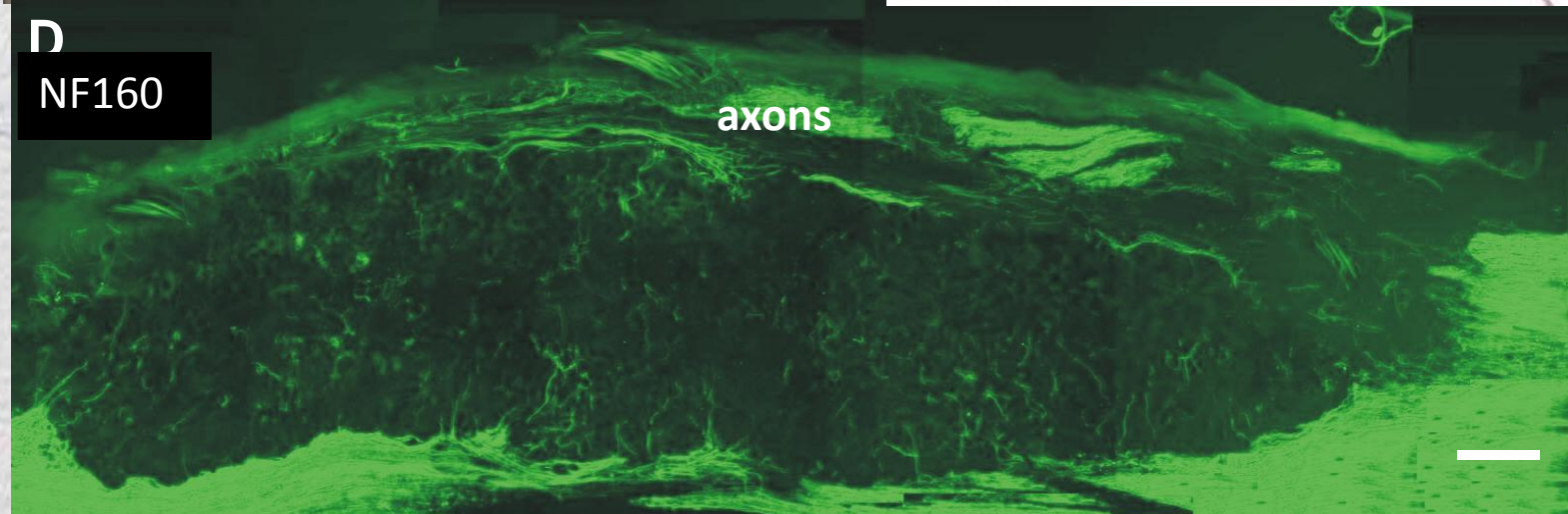
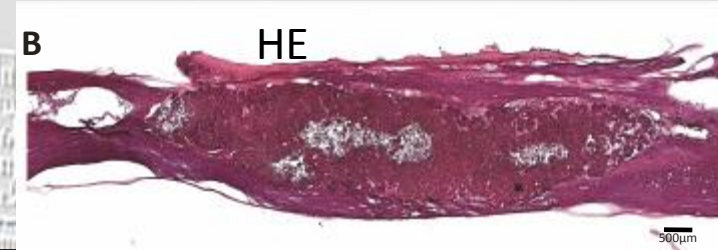


# Hydrogel implantation in chronic SCI

SCI



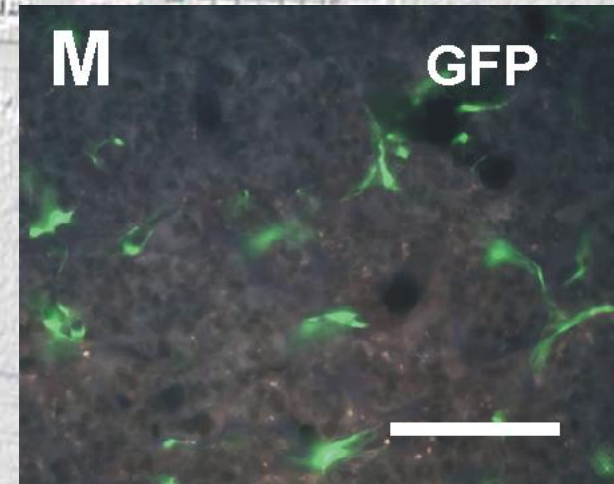
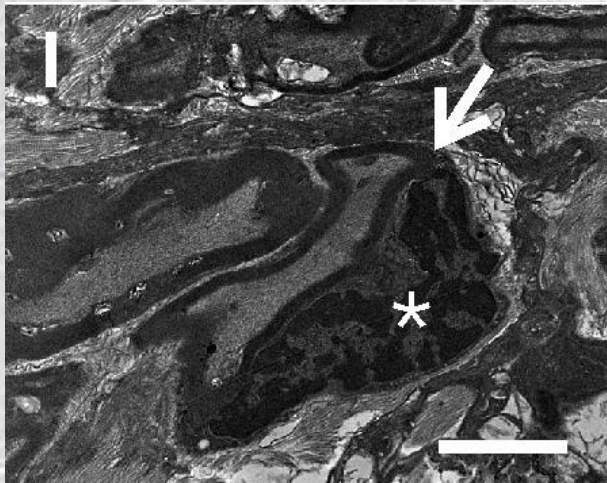
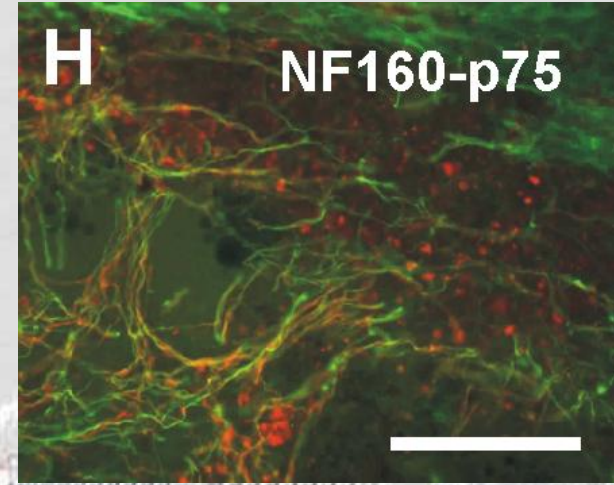
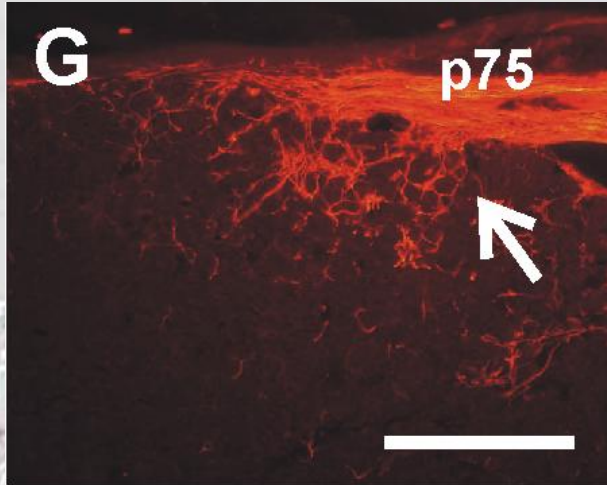
SCI + hydrogel





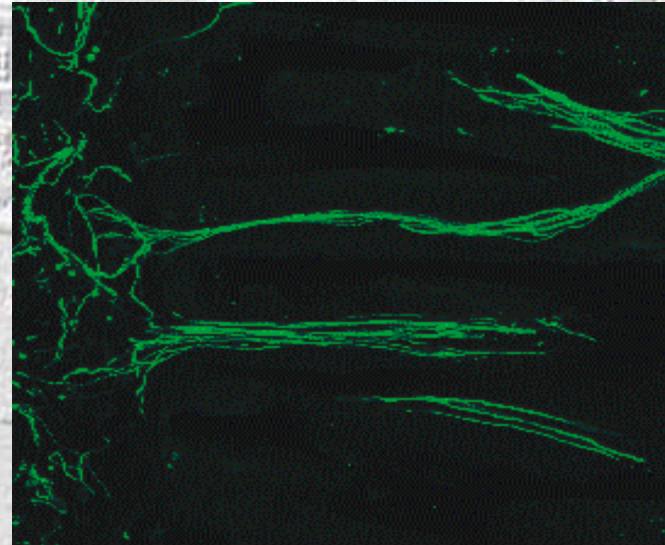
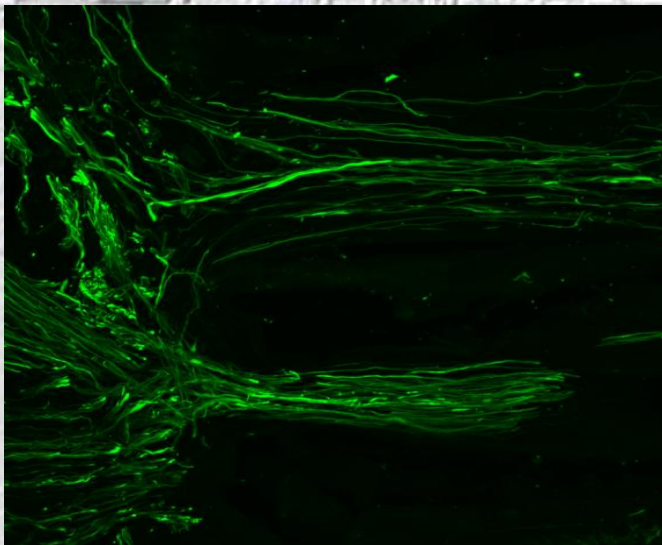
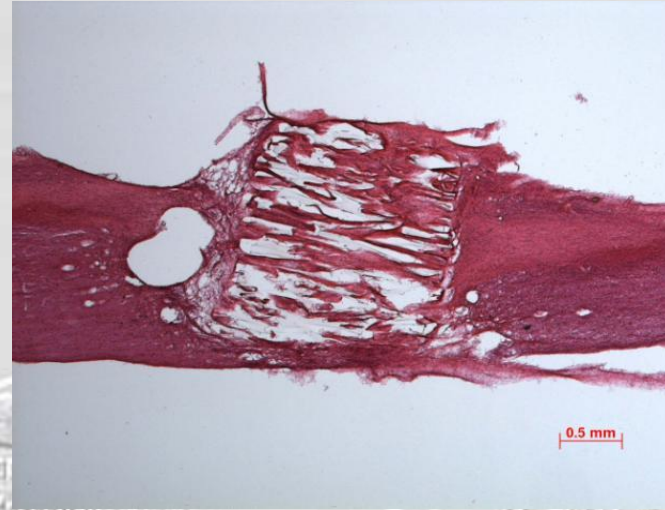
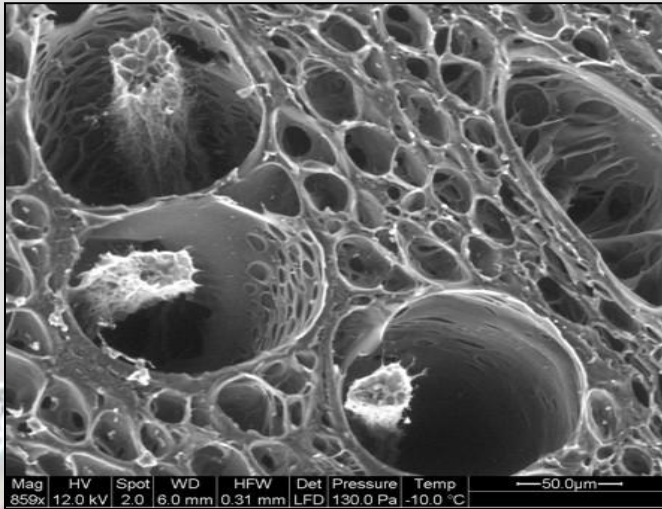
# Hydrogel implantation in chronic SCI

*Schwann cells and BMSCs*





# Hydrogel with oriented pores



# Clinical studies

	ASIA	Time	No.	Route	Report
<b>BMSC</b>					
Czech Republic, Prague	A	acute and chronic	20	i.v., i.a.	Syková et al., Cell Transplantation 2006
Korea	A	acute and chronic	35	lesional	Yoon et al., Stem Cells, 2007
Russia, Siberian Acad Sci	A	chronic	18	lesion+i.v.	Chernykh et al., Cell Tech Biol Med, 2007
Brazil, Sao Paulo	A	chronic	39	i.v.	Cristante et al., Spinal Cord 2009
Turkey, Ankara	A	chronic	9	?	Deda et al., Cytotherapy, 2008
<b>OEG</b>					
Portugal, Lisbon	A	chronic	7	lesion	Lima et al., J Spinal Cord Med, 2006
Australia, Brisbane	A	chronic	6	lesion	Ferón et al., Brain 2005, 2008
China	?	?	1255 (656)	?	Huang et al., Zhongguo Xiu Fu Chong Jian Wai Ke Za Zhi, 2009
<b>autologous macrophages</b>					
Israel, Tel Hashomer	A	acute	8	lesion	Knoller et al., J Neurosurg Spine, 2005
<b>Schwann cells</b>					
Iran, Teheran	A-C	chronic	4	lesion	Saberi et al., Neurosci Lett, 2008



# Conclusions and further perspectives

---

- 1. No definite treatment for SCI is available yet (experimental or clinical).**
- 2. Several approaches have been shown promising for partial recovery after SCI.**
- 3. Better understanding the pathophysiology of SCI can lead to improvement of application of experimental therapies (timing, dose, route of application, etc.)**
- 4. SCI is a complex problem requiring complex solutions – combination of therapies.**
- 5. Transferring our results from laboratories to clinics.**





**Thank you for your attention**

